



EKAC MASTERS AGE GROUP TOP 5's



	W65			W65			W65	



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3000m S/C		1/2 MARATHON		MARATHON	
W35		W35		W35	
		94.03	KELLY BAILLIE	2019	
W40		W40		W40	
		97:10	ANGELA MARTIN	2011	3:30.13
					VIVIEN THORPE
		1:44.39	GEMMA KIRWAN	2012	4:43.23
					CHARMAINE LUMSDEN
					2026
W45		W45		W45	
		91:14	ANGELA MARTIN	2012	
		1:49.27	GEMMA KIRWAN	2016	
W50		W50		W50	
		98:49	ANGELA MARTIN	2017	3:50.47
					GEMMA KIRWAN
		119:42	GEMMA KIRWAN	2022	3:55.12
					TRACEY YATES
					2026
W55		W55		W55	
W60		W60		W60	

