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EAST KILBRIDE AC CLUB RECORD`S FEMALE

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<u>EVENT</u>	<u>CLUB RECORD</u>	<u>TIME</u>	<u>NAME (VET)</u>	<u>TIME</u>	<u>NAME (U20s)</u>	<u>TIME</u>
60m	Laura McCracken 2012	7.92			Laura McCracken 2012	7.92
75m	Shannon McMahon 2009	10.27				
100m	Mary Shearer 1984	11.9			Claire Rooney 2000	12.4
150m	Shannon McMahon 2009	19.82			Taylor McNamara 2021	22.5
200m	Mary Shearer 1985	24.3			Claire Rooney 2000	25.0
300m	Claire Rooney 1999 Beth Duff 2008	42.0 42.00			Beth Duff 2008	42.00
400m	Beth Duff 2008	57.10	Eileen Reid 1993	68.6	Beth Duff 2008	57.10
600m	Beth Duff 2006	1:36.98				
800m	Hannah Anderson 2025	2:07.93	Eileen Reid 1995	2:36.7	Beth Duff 2008	2:10.0
1000m					Emma Livingstone 2021	3:35.7
1500m	Hannah Anderson 2025	4:16.84	Eileen Reid 1995	4:45.6	Beth Duff 2010	4:28.56
3000m	Hannah Anderson 2025	9:19.29	Eileen Reid 1995	10:24.7	Hannah Anderson 2020	9:52.57i
5000m	Lennie Waite 2017	16:12.54	Kelly Baillie W40 2023	19:44.57		
60m H	Millie Aitkin U15	10.41i			Chloe Mulligan 2017	11.85
70m H	Lindsay McDonald 1996	12.8				
75m H	Valerie Martin 1981	12.28				
80m H	M Scott 12.7	12.7				
100m H	Lindsey Mountain 1996	17.8			Lindsey Mountain 1996	17.8
300m H	Debbie Bell 1995	50.01			Debbie Bell 1995	50.01
400m H	Debbie Bell 1996	70.6			Debbie Bell 1996	70.6
3000m S/C	Lennie Waite 2016	9:35.91			Millie Aitken 2024	9:04.66 2K
High Jump	Lesley Buchanan 1996	1.66m			Madeline Frew 2024	1.25m
Long Jump	Jill Thaine 1987	5.35m			Madeline Frew 2024	4.43m
Triple Jump	Karen Bell 1994	10.00m			Madeline Frew 2024	8.97m
Pole Vault	Morgan MacDougall 2018	2.70i m				
Discus	Ailis Clements 2008	28.83m			K Leslie 1995	17.48m
Hammer	Ailis Clements 2008	41.52m			Ailis Clements 2009	39.11m
Javelin	G McCreath 1990	26.68m			Alison Quinn 1987	18.36m
Shot Putt	Ailis Clements 2007	9.72m	Eileen Reid 1993	5.71m	Kayleigh Pew 2025	7.05m
4 x 100m	Shannon McMahon, Arlene Barr, Laura McCracken, Chloe Mason 2011	52.4			Rhoda MacDougall, Susan Smith Debbie Bell, Kelly Smith 1997	57.9
4 x 400m	Karen Watson, L Reid Lianne Campbell, Karen Bell 1995	4:21.4			Aileen McDonald, Kelly Smith Susan Smith, Debbie Bell 1997	4:39.7



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3 x 800m	Sarah Connolly, Hannah Anderson, Lucy Muirhead U15 2016	7:14.63				
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EVENT	NAME (U17s)	TIME	NAME (U15s)	TIME	NAME (U13s)	TIME	NAME (U11s)	TIME
60m	Laura McCracken 2011	7.97	Chloe Mason 2012	8.35	Shannon McMahon 2009	8.6	L McDonald 1995 Olivia Baxter 2019	9.6
75m					Shannon McMahon 2009	10.27	Rebecca Chapman 2023	12.70
80m							Aria Love 2025	12.20
100m	Jill Thain 87,Claire Rooney 99	12.4	Jenna Low 2003	12.7	Shannon McMahon 2008	13.5	Carrie Charters 2019	14.9
150m	Cait Minster 2021	21.3	Niamh McGregor 2021	21.9	Shannon McMahon 2009	19.82	Mia Coffield 2009	22.6
200m	Claire Rooney 1998	25.41	Jill Thaine 1986	25.2	Shannon McMahon 2009	27.9	Cara Gilbride 2016	31.5
300m	Claire Rooney 1999	42.0	Matilda Frew 2023	43.56	Beth Duff 2003	47.5		
400m	Beth Duff 2006	58.7	Beth Duff 2005	60.6	Lisa Reid 1992	70.2	Karin Buchanan 1992	75.8
600m	Beth Duff 2006	1:36.98	Lucy Muirhead 2016	1:37.36			Cara Gilbride 2016	1:59.6
800m	Beth Duff 2006	2:11.4	Beth Duff 2005	2:14.7	Hannah Anderson 2015	2:24.74	Lucy Muirhead 2012	2:48.6
1000m	Charlotte Evans 2021	3:57.1	Aimee Anderson 2021	3:16.7	Matilda Frew 2021	3:28.7		
1200m					Hannah Anderson 2015	4:01.71		
1500m	Hannah Anderson 2019	4:39.03	Beth Duff 2005	4:45.0	Hannah Anderson 2015	5:06.34	Laura Mooney 1993	5:38.9
3000m	Hannah Anderson 2019	10:03.83i	Hannah Anderson 2017	10:48.90				
60m Hurdles	Millie Aitken 2021	10.56i	Millie Aitken 2020	10.41i	Neve Lindsay 2025	11.0i		
70m Hurdles					L McDonald 1996	12.8		
75m Hurdles			Valerie Martin 1981	12.28				
80m Hurdles	M Scott 1996	12.7	Valerie Martin 1981	12.8				
100m Hurdles								
300mHurdles	Debbie Bell 1995	50.01						
400m Hurdles	Debbie Bell 1995	75.9						
High Jump	Lesley Buchanan 1998	1.72m	Lesley Buchanan 1996	1.66m	Lesley Buchanan 1994	1.40m	M Dyker 1989	1.15m
Long Jump	Jill Thaine 1987	5.35m	Katie Clements 1997	4.84m	N Davidson 1995	4.64m	Emma Udoh 2006	4.04m
Triple Jump	Laura McCracken 2011	9.92m						
Pole Vault	Morgan MacDougall 2018	2.70i m	Morgan MacDougall 2017	2.60m				
Discus	Ailis Clements 2008	28.83m	G McCreath 1990	25.08m	Ailis Clements 2004	17.70m	A McInnes 1990	9.34m
Hammer	Ailis Clements 2008	41.52m	Ailis Clements 2006	24.60m	Morgan Frier 2007	10.68m		
Javelin	L McDonald 1991	25.04m	G McCreath 1990	26.68m	C Fleming 1994	16.86m	R Anderson 1992	11.60m
Shot Putt	Ailis Clements 2007	9.72m	G McCreath 1990	8.69m	J Barber 1988	8.07m	Evie Fraser 2025	5.33m i
4 x 100m	K Buchanan, L Buchanan N Middleton, L Williamson 1997	53.0	Lo McDonald, Katie Clements Claire Rooney, Jennifer Williams 1997	54.3	Katie Clements, G Hickinson S Roseweir, Li McDonald 1996	56.9	1992	62.7
4 x 200m			Brodie McAneny, Jenna McNab, Kara Lindsay, Olivia Baxter 2022	2:04.80i	Kayleigh Pew, Jenna McNab, Matilda Frew U11, Tyler Kelly 2019	2:12.55i	Elspeth Thorpe, Reeve Stuart, Lucy Forbes, Zoe Baillie 2022	2.29.77i