



# EKAC UNDER 17 MEN TOP 20



|             |                    |      |          |                    |      |
|-------------|--------------------|------|----------|--------------------|------|
| <b>60m</b>  |                    |      |          | <b>300m</b>        |      |
| 7.24        | ALASDAIR MACKENZIE | 2002 | 37.23    | LIAM WOODS         | 2018 |
| 7.25        | ROSS MAXWELL       | 2011 |          |                    |      |
| 7.27        | GREG KELLY         | 2015 |          | <b>400m</b>        |      |
| 7.30        | KENNETH MCNAMEE    | 1987 | 49.6     | DEREK ARCHIBALD    | 1980 |
| 7.30i       | LIAM WOODS         | 2019 | 51.0     | AIDAN GILBRIDE     | 2014 |
| 7.33        | ANDREW COUTTS      | 2012 | 51.48    | RYAN CLYDESDALE    | 2017 |
| 7.38        | FRASER HOPKINS     | 1987 | 51.6     | FRASER WHITE       | 1975 |
| 7.45        | ROSS MURRAY        | 1999 | 51.70i   | CALLUM FIELD       | 2015 |
| 7.51        | RYAN CLYDESDALE    | 2016 | 51.96    | FRANCIS SANTANGELI | 2023 |
| 7.63        | COLIN WALKER       | 1995 | 52.4     | ALAN MACBETH       | 1988 |
| 7.68        | GREGOR THORPE      | 2008 | 53.0     | GERRY FEGAN        | 1988 |
| 7.68        | ROSS MCGILL        | 2009 | 53.3     | JIM AITKEN         | 1978 |
| 7.69        | ANDREW BRENNAN     | 2007 | 53.22    | KIERAN RANKIN      | 2012 |
| 7.69        | SEB CARRICK        | 2017 | 53.6     | KRISS DULICK       | 1992 |
| 7.74        | FRASER MACKENZIE   | 2002 | 53.7     | ROBIN ARCHIBALD    | 1976 |
| 7.78        | ROSS MORGAN        | 2009 | 53.7     | IAN MCGREGOR       | 1991 |
| 7.83        | NISHANT PURI       | 2008 | 53.8     | STUART RUSSELL     | 1993 |
| 7.84        | SCOTT MCDERMOTT    | 1992 | 53.8     | KENNETH SIMPSON    | 1997 |
| 8.11        | JAMES LAMONT       | 2003 | 53.9     | JAMIE CLEMENTS     | 2006 |
| 8.14        | SCOTT HONE         | 2003 | 53.94    | NICHOLAS COUPLAND  | 2012 |
|             |                    |      | 53.95    | FRASER MACDOUGALL  | 1993 |
|             |                    |      | 54.2     | DUNCAN MCINNES     | 1994 |
|             |                    |      | 54.3     | EWAN MCCORMACK     | 1990 |
| <b>100m</b> |                    |      |          | <b>600m</b>        |      |
| 11.0        | JOHN GILLIES       | 1978 |          | AIDAN GILBRIDE     | 2013 |
| 11.0        | STEPHEN HARRIGAN   | 1982 |          | JAMIE CLEMENTS     | 2005 |
| 11.0        | FRASER HOPKINS     | 1988 |          | DAVID GORMAN       | 2006 |
| 11.06       | ALASDAIR MACKENZIE | 2002 | 1:27.4   | NIALL WALKER       | 2005 |
| 11.2        | KENNETH MCNAMEE    | 1987 | 1:27.5   | FRASER MORGAN      | 2006 |
| 11.25w      | GREG KELLY         | 2015 | 1:28.56  |                    |      |
| 11.3        | ROBIN ARCHIBALD    | 1976 | 1:33.3   |                    |      |
| 11.3        | DEREK ARCHIBALD    | 1980 | 1:39.21  |                    |      |
| 11.3        | FRASER MACKENZIE   | 2002 |          |                    |      |
| 11.35       | ROSS MAXWELL       | 2011 |          | <b>800m</b>        |      |
| 11.4        | DAVID CATHIE       | 1987 | 1:55.05  | ALAN MACBETH       | 1988 |
| 11.4        | ROSS MCGILL        | 2009 | 1:55.51  | ANGUS WILKINSON    | 2024 |
| 11.48       | EWAN MCCORMACK     | 1990 | 1:55.9   | DEREK ARCHIBALD    | 1979 |
| 11.58       | LIAM WOODS         | 2018 | 1:56.29  | AIDAN GILBRIDE     | 2014 |
| 11.6        | ROSS MURRAY        | 1999 | 1:58.80  | CALUM CHARTERS     | 2022 |
| 11.6        | NISHANT PURI       | 2008 | 1:59.2   | GERRY FEGAN        | 1988 |
| 11.6        | GREGOR THORPE      | 2008 | 1:59.20  | JAMIE CONNOR       | 2023 |
| 11.6        | RYAN CLYDESDALE    | 2016 | 2:00.80i | JAMIE CLEMENTS     | 2006 |
| 11.62       | ANDREW COUTTS      | 2011 | 2:01.4   | ROBERT MCKIM       | 1974 |
| 11.65w      | JOSH MAITLAND      | 2014 | 2:01.6   | BOBBY MADDEN       | 1995 |
|             |                    |      | 2:01.8   | ALAN TRENCH        | 1969 |
|             |                    |      | 2:02.2   | DAVID GORMAN       | 2006 |
| <b>150m</b> |                    |      |          | ALAN SMITH         | 1988 |
| 22.5        | CAMERON BOND       | 2021 | 2:02.4   | JAMIE MADDEN       | 1993 |
|             |                    |      | 2:04.4   | NIALL WALKER       | 2006 |
|             |                    |      | 2:04.4   |                    |      |
| <b>200m</b> |                    |      |          | GORDON REID        | 1971 |
| 22.55       | GREG KELLY         | 2015 | 2:04.5   | ROBIN ARCHIBALD    | 1976 |
| 22.8        | JOHN GILLIES       | 1978 | 2:04.5   | FRASER MACDOUGALL  | 1993 |
| 22.9        | STEPHEN HARRIGAN   | 1982 | 2:04.5   | HAMISH ANDERSON    | 2019 |
| 22.97       | RYAN CLYDESDALE    | 2017 | 2:04.92  | IAN ARCHIBALD      | 1977 |
| 23.0        | ROBIN ARCHIBALD    | 1976 | 2:05.1   |                    |      |
| 23.0        | EWAN MCCORMACK     | 1991 |          |                    |      |
| 23.1        | DAVID CATHIE       | 1987 |          |                    |      |
| 23.10       | FRASER MACKENZIE   | 2002 |          |                    |      |
| 23.2        | DEREK ARCHIBALD    | 1980 |          |                    |      |
| 23.2        | ALASDAIR MACKENZIE | 2002 |          |                    |      |
| 23.4        | FRASER HOPKINS     | 1988 |          |                    |      |
| 23.4        | ROSS MAXWELL       | 2011 |          |                    |      |
| 23.44       | CALLUM FIELD       | 2014 |          |                    |      |
| 23.62       | LIAM WOODS         | 2018 |          |                    |      |
| 23.66       | ALISTER KERR       | 1998 |          |                    |      |
| 23.76       | NICHOLAS COUPLAND  | 2012 |          |                    |      |
| 23.8        | ANDREW COUTTS      | 2011 |          |                    |      |
| 23.8        | JOSH MAITLAND      | 2014 |          |                    |      |
| 23.85w      | AIDAN GILBRIDE     | 2014 |          |                    |      |
| 23.9        | NISHANT PURI       | 2008 |          |                    |      |



# EKAC UNDER 17 MEN TOP 20



| 1500m    |                   |      |         | 100mH             |                   |      |  |
|----------|-------------------|------|---------|-------------------|-------------------|------|--|
| 3:52.18  | ANGUS WILKINSON   | 2024 | 14.4    | GRANT IRWINE      | 1979              |      |  |
| 3:54.6   | ALAN MACBETH      | 1988 | 14.6    | SCOTT HONE        | 2003              |      |  |
| 3:57.10  | JAMIE CONNOR      | 2023 | 14.72   | CRAIG GILLIES     | 1981              |      |  |
| 3:59.8   | ROBERT MCKIM      | 1974 | 15.2    | A MARSHALL        | 1976              |      |  |
| 4:07.32  | AIDAN GILBRIDE    | 2014 | 15.3    | ROSS GIBSON       | 1995              |      |  |
| 4:09.8   | KEVIN MCKENNA     | 1997 | 15.37   | KENNETH MILLER    | 1988              |      |  |
| 4:10.3   | IAN ARCHIBALD     | 1977 | 15.5    | S BRAWLEY         | 1976              |      |  |
| 4:10.37  | CALUM CHARTERS    | 2022 | 15.78   | KEVIN MCDOWALL    | 1987              |      |  |
| 4:11.8   | ALAN SMITH        | 1989 | 16.3    | ROBERT MCKIM      | 1974              |      |  |
| 4:12.09  | HAMISH ANDERSON   | 2019 | 16.3    | ROBERT HOWAT      | 1991              |      |  |
| 4:13.0   | GERRY FEGAN       | 1988 | 16.8    | FRASER MACDOUGALL | 1993              |      |  |
| 4:13.2   | BOBBY MADDEN      | 1995 | 16.9    | SCOTT MCDERMOTT   | 1991              |      |  |
| 4:14.90  | BEN BAILLIE       | 2025 | 16.9    | PAUL SNEDDON      | 1997              |      |  |
| 4:15.5   | ALAN TRENCH       | 1969 | 17.3    | JAMIE MADDEN      | 1993              |      |  |
| 4:15.64  | DAVID GORMAN      | 2007 | 17.3    | MARK SHERWOOD     | 1995              |      |  |
| 4:16.0   | WILLIE MCDONALD   | 1976 | 17.5    | I BINGHAM         | 1979              |      |  |
| 4:17.1   | MARK MORGAN       | 1986 | 17.8    | DOUGLAS MCCUE     | 1980              |      |  |
| 4:17.5   | ANDY NEWELL       | 1977 | 18.0    | DEREK MILLER      | 1992              |      |  |
| 4:17.93  | SAM HOSIE         | 2022 | 18.0    | DUNCAN MCINNES    | 1994              |      |  |
| 4:20.6   | JOHN MACALLISTER  | 1979 | 18.2    | M MOWAT           | 1976              |      |  |
| 3000m    |                   |      |         | 1500m S/C         |                   |      |  |
| 8:29.69  | ANGUS WILKINSON   | 2024 | 4:33.51 | KEVIN MCKENNA     | 1997              |      |  |
| 8:42.37  | JAMIE CONNOR      | 2023 | 4:43.05 | BOBBY MADDEN      | 1995              |      |  |
| 8:49.9   | RICHARD MCKIRDY   | 1981 | 4:44.8  | MARK MORGAN       | 1986              |      |  |
| 8:53.43  | BEN BAILLIE       | 2025 | 4:45.44 | CALUM CHARTERS    | 2022              |      |  |
| 8:55.6   | IAN TIERNEY       | 1986 | 4:50.6  | JAMIE MADDEN      | 1993              |      |  |
| 9:06.0   | ROBERT MCKIM      | 1974 | 5:00.0  | ALAN MITCHELL     | 1995              |      |  |
| 9:06.0   | WILLIE MCDONALD   | 1976 | 5:01.5  | ALAN SMITH        | 1988              |      |  |
| 9:11.0   | MARK SWEENEY      | 1973 | 5:04.4  | CAMERON CLEMENT   | 1993              |      |  |
| 9:13.7   | KEVIN MCKENNA     | 1997 | 5:08.0  | RONNIE BIAS       | 1977              |      |  |
| 9:27.34  | MARTIN LYNAS      | 2014 | 5:13.6  | WILLIE MCDONALD   | 1974              |      |  |
| 9:32.1   | BOBBY MADDEN      | 1995 | 5:33.6  | MARK SHERWOOD     | 1994              |      |  |
| 9:32.5   | MARK MORGAN       | 1986 |         |                   |                   |      |  |
| 9:35.63  | BEN BAILLIE       | 2024 |         |                   |                   |      |  |
| 9:38.2   | COLIN HENDERSON   | 1998 | 6:11.8  | 2000mS/C          |                   |      |  |
| 9:38.70  | STEPHEN MATTHEWS  | 2001 | 6:29.0  | ROBERT MCKIM      | 1974              |      |  |
| 9:39.??  | GRAEME CASKIE     | 2002 | 6:31.1  | WILLIE MCDONALD   | 1976              |      |  |
| 9:40.61i | HAMISH ANDERSON   | 2019 | 6:30.0  | MARK MORGAN       | 1986              |      |  |
| 9:42.61  | RORY CHARTERS     | 2024 | 6:34.9  | JOHN MACALLISTER  | 1979              |      |  |
| 9:44.0   | ANDY NEWELL       | 1977 | 6:35.0  | ANDY NEWELL       | 1978              |      |  |
| 9:45.6   | ALAN MITCHELL     | 1995 | 6:55.0  | ALAN SMITH        | 1988              |      |  |
|          |                   |      | 7:06.5  | IAN ARCHIBALD     | 1976              |      |  |
|          |                   |      |         | RONNIE BIAS       | 1976              |      |  |
|          |                   |      |         |                   |                   |      |  |
|          |                   |      |         | D CONNOLLY        | 1977              |      |  |
|          |                   |      |         | JIM PROVAN        | 1975              |      |  |
|          |                   |      |         | KRISS DULLICK     | 1992              |      |  |
|          |                   |      |         | SCOTT MCDERMOTT   | 1992              |      |  |
|          |                   |      |         | CRAIG CLEMENTS    | 1986              |      |  |
|          |                   |      |         | BRIAN O`NEILL     | 1987              |      |  |
|          |                   |      |         | PAUL CAMPBELL     | 1987              |      |  |
|          |                   |      |         | DAVID RAE         | 1979              |      |  |
|          |                   |      |         | R MARSHALL        | 1976              |      |  |
|          |                   |      |         | IAN GARDINER      | 1977              |      |  |
| 5000m    |                   |      |         | 60mH              |                   |      |  |
| 16:02.8  | IAN TIERNEY       | 1986 |         | 8.83 i            | ROSS GIBSON       | 1996 |  |
|          |                   |      |         | 9.45 i            | SCOTT HONE        | 2003 |  |
|          |                   |      |         | 10.42 i           | PAUL SNEDDON      | 1997 |  |
|          |                   |      |         | 11.42i            | CHRISTOPHER PATON | 2024 |  |
| 400mH    |                   |      |         | 400mH             |                   |      |  |
| 57.7     | KEVIN MCKENNA     | 1997 |         | 57.7              | KEVIN MCKENNA     | 1997 |  |
| 65.2     | DOUGLAS MCCUE     | 1980 |         | 65.2              | DOUGLAS MCCUE     | 1980 |  |
| 70.89    | CHRISTOPHER PATON | 2025 |         | 70.89             | CHRISTOPHER PATON | 2025 |  |
| 72.26    | PAUL SNEDDON      | 1997 |         | 72.26             | PAUL SNEDDON      | 1997 |  |



# EKAC UNDER 17 MEN TOP 20



## HIGH JUMP

|       |                   |      |
|-------|-------------------|------|
| 1.90i | DUNCAN MCINNES    | 1995 |
| 1.83  | DOUGLAS MCCUE     | 1980 |
| 1.81  | DAVID GORMLEY     | 1987 |
| 1.80  | CRAIG GILLIES     | 1982 |
| 1.80i | ALISTER KERR      | 1998 |
| 1.80  | SCOTT HONE        | 2003 |
| 1.79i | ROSS GIBSON       | 1996 |
| 1.76  | ROBERT MOODIE     | 1978 |
| 1.75  | GRANT IRWINE      | 1979 |
| 1.75  | CRAIG GILLIES     | 1981 |
| 1.75  | CAMPBELL LAMONT   | 1985 |
| 1.75  | MARK ELLIOTT      | 1996 |
| 1.71  | SCOTT MCDERMOTT   | 1992 |
| 1.70  | BEN MCKENNA       | 1976 |
| 1.70  | SCOTT HONE        | 2003 |
| 1.65  | SI MITCHELL       | 1985 |
| 1.60  | IAN MCGREGOR      | 1991 |
| 1.60  | FRASER MACDOUGALL | 1993 |
| 1.60  | BOBBY MADDEN      | 1995 |
| 1.53  | CAMERON CLEMENT   | 1993 |

## LONG JUMP

|        |                 |      |
|--------|-----------------|------|
| 6.60   | DAVID GORMLEY   | 1988 |
| 6.50   | ROSS MAXWELL    | 2011 |
| 6.45   | FRASER HOPKINS  | 1988 |
| 6.39   | BEN MCKENNA     | 1976 |
| 6.33   | CRAIG GILLIES   | 1982 |
| 6.12   | GRANT IRWINE    | 1979 |
| 6.05   | IAN MCGREGOR    | 1991 |
| 6.05 i | ROSS GIBSON     | 1996 |
| 5.94   | ROBERT MOODIE   | 1978 |
| 5.94   | DOUGLAS MCCUE   | 1980 |
| 5.88   | GREGOR THORPE   | 2008 |
| 5.80   | DEREK ARCHIBALD | 1980 |
| 5.80   | SCOTT MCDERMOTT | 1992 |
| 5.78   | KENNETH MILLER  | 1988 |
| 5.72   | COLIN WALKER    | 1994 |
| 5.72   | SCOTT HONE      | 2004 |
| 5.69   | ROBIN ARCHIBALD | 1976 |
| 5.60   | EWAN MCCORMACK  | 1992 |
| 5.56   | DUNCAN MCINNES  | 1994 |
| 5.55   | DEREK MILLER    | 1991 |

## TRIPLE JUMP

|       |                 |      |
|-------|-----------------|------|
| 13.25 | DAVID GORMLEY   | 1988 |
| 13.06 | SCOTT HONE      | 2004 |
| 12.60 | GORDON IRWINE   | 1982 |
| 12.59 | GRANT IRWINE    | 1979 |
| 12.39 | ROBERT MOODIE   | 1978 |
| 12.15 | CRAIG GILLIES   | 1982 |
| 12.02 | ROBIN ARCHIBALD | 1976 |
| 11.93 | DEREK ARCHIBALD | 1979 |
| 11.82 | DOUGLAS MCCUE   | 1980 |
| 11.63 | SCOTT MCDERMOTT | 1992 |
| 11.61 | KENNETH MILLER  | 1988 |
| 11.54 | JAMIE MADDEN    | 1993 |
| 11.34 | CAMPBELL LAMONT | 1985 |
| 11.10 | ALAN MACBETH    | 1987 |
| 11.03 | MARK BROWN      | 1988 |
| 11.01 | JAMES RUSSELL   | 1995 |
| 11.09 | L CHRISTIE      | 1977 |
| 10.93 | AMIT KUMAR      | 2014 |
| 10.87 | DEREK MILLER    | 1992 |
| 10.79 | ROSS GIBSON     | 1995 |

## POLE VAULT

|       |                   |      |
|-------|-------------------|------|
| 3.30  | ROSS GIBSON       | 1996 |
| 3.10  | DAVID GORMLEY     | 1987 |
| 3.10  | KEVIN MCDOWALL    | 1987 |
| 3.00  | GRANT IRWINE      | 1979 |
| 2.70i | SCOTT MCDERMOTT   | 1992 |
| 2.60  | KENNETH MILLER    | 1988 |
| 2.50  | FRASER MACDOUGALL | 1993 |
| 2.40  | MARK SHERWOOD     | 1994 |
| 2.30  | ROBERT MOODIE     | 1978 |
| 1.90  | STEVEN COKE       | 1997 |
| 1.90  | PAUL SNEDDON      | 1997 |

## DISCUS

|       |                   |      |
|-------|-------------------|------|
| 41.34 | GORDON IRWINE     | 1981 |
| 32.88 | FRASER MACDOUGALL | 1993 |
| 31.84 | GRANT IRWINE      | 1979 |
| 31.66 | SCOTT MCDERMOTT   | 1992 |
| 29.56 | STEVEN COKE       | 1997 |
| 28.56 | KEVIN MCDOWALL    | 1987 |
| 28.50 | MARK BROWN        | 1988 |
| 27.54 | DOUGLAS MCCUE     | 1980 |
| 27.44 | ROSS GIBSON       | 1996 |
| 27.06 | KEVIN JENKINS     | 1986 |
| 26.64 | JOHN MITCHELL     | 1990 |
| 25.56 | A MARSHALL        | 1976 |
| 24.96 | MARK SHERWOOD     | 1994 |
| 24.78 | I AULD            | 1979 |
| 24.12 | ALAN MORAN        | 1980 |
| 23.47 | JOSH MAITLAND     | 2014 |
| 23.23 | ROBERT MOODIE     | 1978 |
| 23.14 | ROBERT HOWAT      | 1991 |
| 22.74 | JOHN MCGREGOR     | 1987 |
| 22.44 | IAN ARCHIBALD     | 1977 |

## HAMMER

|       |                  |      |
|-------|------------------|------|
| 35.48 | STUART MUIR      | 2009 |
| 33.20 | DECLAN GORMAN    | 2007 |
| 32.17 | KEVIN JENKINS    | 1986 |
| 28.50 | ANDREW MATHIESON | 1982 |
| 25.42 | SCOTT MCDERMOTT  | 1992 |
| 25.30 | KENNETH MILLER   | 1988 |
| 24.44 | ROSS GIBSON      | 1996 |
| 22.00 | DEREK MILLER     | 1992 |
| 20.39 | STEVEN COKE      | 1997 |
| 16.90 | FRASER MCKENZIE  | 2001 |
| 14.90 | NIAL WALKER      | 2005 |
| 13.82 | JAMES RUSSELL    | 1994 |
| 13.67 | R MCCREATH       | 1989 |
| 12.44 | JAMIE MADDEN     | 1993 |
| 11.84 | GRAEME KEDDIE    | 1994 |
| 6.66  | CAMERON CLEMENT  | 1993 |



## EKAC UNDER 17 MEN TOP 20



### JAVELIN

|       |                   |      |
|-------|-------------------|------|
| 46.50 | FRASER MACDOUGALL | 1993 |
| 42.46 | SCOTT MCDERMOTT   | 1992 |
| 41.08 | ROSS GIBSON       | 1996 |
| 40.02 | CAMPBELL LAMONT   | 1985 |
| 36.82 | JOSH MAITLAND     | 2014 |
| 34.76 | DAVID STEEL       | 1987 |
| 34.30 | MARK SHERWOOD     | 1995 |
| 33.70 | STEVEN LITTLEWOOD | 1989 |
| 32.66 | MARK BROWN        | 1988 |
| 32.58 | ROBERT HOWAT      | 1991 |
| 32.04 | STEVEN COKE       | 1996 |
| 30.36 | KEVIN MCDOWALL    | 1987 |
| 30.20 | FRASER WHITE      | 1975 |
| 29.92 | ROBERT MOODIE     | 1977 |
| 29.30 | COLIN WALKER      | 1994 |
| 27.77 | KENNETH MILLER    | 1988 |
| 27.26 | S BRAWLEY         | 1976 |
| 27.08 | STEVEN WHYTE      | 1997 |
| 26.98 | ALAN SMITH        | 1988 |
| 25.99 | RYAN CLYDESDALE   | 2017 |

### SHOT PUT

|       |                  |      |
|-------|------------------|------|
| 14.41 | GRANT IRWINE     | 1979 |
| 13.81 | GORDON IRWINE    | 1981 |
| 13.66 | A BULLOCH        | 1978 |
| 12.27 | KEVIN JENKINS    | 1986 |
| 11.97 | ROSS GIBSON      | 1996 |
| 11.84 | ANDREW MATHIESON | 1982 |
| 11.50 | ROBERT MOODIE    | 1978 |
| 11.25 | A MORAN          | 1980 |
| 11.25 | DEREK MILLER     | 1992 |
| 10.62 | KENNETH MILLER   | 1988 |
| 10.41 | I AULD           | 1979 |
| 10.15 | SCOTT MCDERMOTT  | 1992 |
| 10.14 | STUART GRAY      | 1995 |
| 9.45  | STEVEN COKE      | 1997 |
| 9.35  | E RITCHIE        | 1976 |
| 9.32  | ROSS MAXWELL     | 2011 |
| 9.28  | STEVEN WHYTE     | 1997 |
| 9.16  | PAUL BROOKS      | 2008 |
| 9.12  | EWAN MCCORMACK   | 1990 |
| 9.09  | ROBERT MCKIM     | 1974 |