



# EKAC MASTERS AGE GROUP TOP 5's



|      |                   |      |       |                   |      |        |                   |      |
|------|-------------------|------|-------|-------------------|------|--------|-------------------|------|
|      | <b>60m</b>        |      |       | <b>100m</b>       |      |        | <b>200m</b>       |      |
|      | <b>M35</b>        |      |       | <b>M35</b>        |      |        | <b>M35</b>        |      |
| 7.45 | DAVID GILMOUR     | 2006 | 11.38 | DAVID GILMOUR     | 2005 | 23.32  | DAVID GILMOUR     | 2006 |
| 8.06 | FRASER HOPKINS    | 2014 | 12.4  | FRASER HOPKINS    | 2014 | 25.8   | FRASER HOPKINS    | 2014 |
| 8.22 | ANDREW CLYDESDALE | 2015 | 12.8  | ANDREW CLYDESDALE | 2014 | 26.40i | ANDREW CLYDESDALE | 2015 |
|      |                   |      | 13.1  | GRANT BAILLIE     | 2014 | 26.92  | GRANT BAILLIE     | 2015 |
|      |                   |      | 13.54 | GORDON SELFRIDGE  | 2012 | 27.7   | GORDON SELFRIDGE  | 2013 |
|      |                   |      |       |                   |      |        |                   |      |
|      | <b>M40</b>        |      |       | <b>M40</b>        |      |        | <b>M40</b>        |      |
| 7.7  | BILL MACDOUGALL   | 1989 | 12.18 | ANDY CLYDESDALE   | 2018 | 23.3   | DAVID GILMOUR     | 2007 |
| 8.01 | FRASER HOPKINS    | 2015 | 12.2  | BILL MACDOUGALL   | 1993 | 24.1   | BILL MACDOUGALL   | 1993 |
| 8.02 | CHARLIE LELEUX    | 2003 | 12.2  | FRASER HOPKINS    | 2015 | 25.16  | ANDY CLYDESDALE   | 2018 |
| 8.06 | ANDREW CLYDESDALE | 2017 | 12.37 | CHARLES LELEUX    | 2003 | 25.8   | FRASER HOPKINS    | 2014 |
|      |                   |      | 12.7  | ANDY HAETZMAN     | 1990 | 26.4   | CHARLES LELEUX    | 2005 |
|      |                   |      |       |                   |      |        |                   |      |
|      | <b>M45</b>        |      |       | <b>M45</b>        |      |        | <b>M45</b>        |      |
|      |                   |      | 12.0  | BILL MACDOUGALL   | 1994 | 24.5   | BILL MACDOUGALL   | 1995 |
|      |                   |      | 12.7  | ANDY CLYDESDALE   | 2022 | 26.65  | ANDY CLYDESDALE   | 2022 |
|      |                   |      | 13.3  | COLIN FREW        | 2022 | 27.85  | COLIN FREW        | 2024 |
|      |                   |      | 13.7  | GRANT BAILLIE     | 2024 | 28.8   | ALAN BAXTER       | 2021 |
|      |                   |      | 13.9  | VINCENT GLENNON   | 2019 | 28.9   | JOHN EDWARDS      | 2023 |
|      |                   |      |       |                   |      |        |                   |      |
|      | <b>M50</b>        |      |       | <b>M50</b>        |      |        | <b>M50</b>        |      |
| 8.27 | RAMSAY SLOSS      | 2004 | 13.18 | RAMSAY SLOSS      | 2005 | 25.82  | RAMSAY SLOSS      | 2004 |
|      |                   |      | 15.0  | KEITH CHARTERS    | 2019 | 29.0   | DEREK LEITCH      | 2005 |
|      |                   |      |       |                   |      | 31.68  | KEITH CHARTERS    | 2018 |
|      |                   |      |       |                   |      | 32.0   | WILLIAM MUIR      | 2011 |
|      |                   |      |       |                   |      |        |                   |      |
|      |                   |      |       |                   |      |        |                   |      |
|      | <b>M55</b>        |      |       | <b>M55</b>        |      |        | <b>M55</b>        |      |
| 8.63 | RAMSAY SLOSS      | 2008 | 13.65 | DEREK LEITCH      | 2012 | 26.77  | RAMSAY SLOSS      | 2008 |
|      |                   |      | 14.3  | KEITH CHARTERS    | 2024 | 30.4   | KEITH CHARTERS    | 2021 |
|      |                   |      |       |                   |      |        |                   |      |
|      |                   |      |       |                   |      |        |                   |      |
|      |                   |      |       |                   |      |        |                   |      |
|      |                   |      |       |                   |      |        |                   |      |
|      | <b>M60</b>        |      |       | <b>M60</b>        |      |        | <b>M60</b>        |      |
|      |                   |      |       |                   |      | 30.95  | DEREK LEITCH      | 2014 |
|      |                   |      |       |                   |      |        |                   |      |
|      |                   |      |       |                   |      |        |                   |      |
|      |                   |      |       |                   |      |        |                   |      |
|      |                   |      |       |                   |      |        |                   |      |
|      | <b>M65</b>        |      |       | <b>M65</b>        |      |        | <b>M65</b>        |      |
|      |                   |      |       |                   |      |        |                   |      |
|      |                   |      |       |                   |      |        |                   |      |
|      |                   |      |       |                   |      |        |                   |      |



# EKAC MASTERS AGE GROUP TOP 5's



|        |                  |      |         |                   |      |          |                   |      |
|--------|------------------|------|---------|-------------------|------|----------|-------------------|------|
|        | <b>400m</b>      |      |         | <b>800m</b>       |      |          | <b>1500m</b>      |      |
|        | <b>M35</b>       |      |         | <b>M35</b>        |      |          | <b>M35</b>        |      |
|        |                  |      | 2:03.46 | GRANT BAILLIE     | 2015 | 4:10.62i | GRANT BAILLIE     | 2018 |
|        |                  |      | 2:04.62 | KEVIN DOWNIE      | 2009 | 4:33.?   | GORDON COLVIN     | 1995 |
|        |                  |      | 2:30.8  | ANDREW CLYDESDALE | 2014 | 5:13.3   | FRASER HOPKINS    | 2013 |
|        |                  |      | 2:31.7  | GORDON SELFRIDGE  | 2013 | 5:23.9   | GERRY O'NEIL      | 2016 |
|        |                  |      | 2:34.27 | CHRIS WHITE       | 2016 | 5:38.6   | GORDON SELFRIDGE  | 2012 |
|        |                  |      |         |                   |      |          |                   |      |
|        | <b>M40</b>       |      |         | <b>M40</b>        |      |          | <b>M40</b>        |      |
| 56.3   | BILL MACDOUGALL  | 1990 | 2:00.17 | GRANT BAILLIE     | 2022 | 4:05.22i | GRANT BAILLIE     | 2023 |
| 62.1   | WILLIE MCCANN    | 1992 | 2:05.?  | RAMSAY SLOSS      | 1993 | 4:10.38  | KEVIN DOWNIE      | 2010 |
| 66.0   | DAVID CONDRA     | 2006 | 2:07.7  | DEREK LEITCH      | 2002 | 4:29.2   | BOBBY RONALD      | 1997 |
| 68.7   | DONALD FERGUSON  | 1991 | 2:13.0  | WILLIE TAYLOR     | 2008 | 4:32.0   | RAYMOND DULLICK   | 1993 |
| 68.7   | FRED BIAS        | 1992 | 2:14.0  | DAVID CONDRA      | 2005 | 4:34.58  | WILLIE TAYLOR     | 2007 |
|        |                  |      |         |                   |      |          |                   |      |
|        | <b>M45</b>       |      |         | <b>M45</b>        |      |          | <b>M45</b>        |      |
| 57.63i | RAMSAY SLOSS     | 2003 | 2:03.09 | GRANT BAILLIE     | 2024 | 4:02.74  | GRANT BAILLIE     | 2024 |
| 64.80  | VINCENT GLENNON  | 2018 | 2:07.45 | DEREK LEITCH      | 2002 | 4:20.54  | DEREK LEITCH      | 2002 |
| 70.43  | ALAN BAXTER      | 2023 | 2:26.83 | JOHN EDWARDS      | 2025 | 5:02.49  | JOHN EDWARDS      | 2024 |
|        |                  |      | 2:32.2  | VINCENT GLENNON   | 2021 | 5:08.0   | VINCENT GLENNON   | 2021 |
|        |                  |      | 2:37.27 | MICHAEL CARLIN    | 2024 | 5:15.04  | ANDREW CHAPMAN    | 2022 |
|        |                  |      |         |                   |      |          |                   |      |
|        | <b>M50</b>       |      |         | <b>M50</b>        |      |          | <b>M50</b>        |      |
| 58.28i | RAMSAY SLOSS     | 2004 | 2:09.64 | DEREK LEITCH      | 2003 | 4:43.4   | DEREK LEITCH      | 2005 |
| 69.18  | KEITH CHARTERS   | 2018 | 2:26.03 | CHRIS WATTERS     | 2024 | 5:28.6   | KEITH CHARTERS    | 2019 |
|        |                  |      | 2:30.54 | ANDREW CHAPMAN    | 2024 |          |                   |      |
|        |                  |      | 2:36.49 | KEITH CHARTERS    | 2019 |          |                   |      |
|        |                  |      |         |                   |      |          |                   |      |
|        |                  |      |         |                   |      |          |                   |      |
|        | <b>M55</b>       |      |         | <b>M55</b>        |      |          | <b>M55</b>        |      |
| 61.21  | DEREK LEITCH     | 2007 | 2:11.80 | DEREK LEITCH      | 2008 | 4:35.55  | DEREK LEITCH      | 2008 |
| 62.73  | RAMSAY SLOSS     | 2008 | 2:30.5  | KEITH CHARTERS    | 2024 | 5:15.04  | KEITH CHARTERS    | 2021 |
|        |                  |      | 2:50.8  | ARTHUR MULHOLLAND | 2021 | 5:41.1   | ARTHUR MULHOLLAND | 2021 |
|        |                  |      |         |                   |      |          |                   |      |
|        |                  |      |         |                   |      |          |                   |      |
|        |                  |      |         |                   |      |          |                   |      |
|        | <b>M60</b>       |      |         | <b>M60</b>        |      |          | <b>M60</b>        |      |
| 68.39  | DEREK LEITCH     | 2014 | 2:27.11 | DEREK LEITCH      | 2013 | 5:02.87  | DEREK LEITCH      | 2013 |
|        |                  |      |         |                   |      |          |                   |      |
|        |                  |      |         |                   |      |          |                   |      |
|        |                  |      |         |                   |      |          |                   |      |
| 82:36  | DEREK LEITCH M65 | 2018 |         |                   |      | 6:06.86  | DEREK LEITCH M65  | 2018 |
|        | <b>M65</b>       |      |         | <b>M65</b>        |      |          | <b>M65</b>        |      |
| 8      |                  |      |         |                   |      |          |                   |      |
|        |                  |      |         |                   |      |          |                   |      |
|        |                  |      |         |                   |      |          |                   |      |
|        |                  |      |         |                   |      |          |                   |      |



# EKAC MASTERS AGE GROUP TOP 5's



|          | 3000m             |      |          | 5000m             |      |          | 10000m            |      |
|----------|-------------------|------|----------|-------------------|------|----------|-------------------|------|
|          | M35               |      |          | M35               |      |          | M35               |      |
| 8:58.75i | GRANT BAILLIE     | 2019 | 15:41.3  | DAVID CONDRA      | 1997 | 32:47    | GRANT BAILLIE     | 2017 |
| 9:26.?   | GORDON COLVIN     | 1994 | 15:57.12 | GRANT BAILLIE     | 2018 | 34:11.?  | GORDON COLVIN     | 1994 |
| 10:58.35 | CHRIS WHITE       | 2016 | 16:22.?  | GORDON COLVIN     | 1994 | 36:17    | DAVID ROSS        | 2018 |
|          |                   |      | 21:38    | GERRY O'NEIL      | 2016 |          |                   |      |
|          |                   |      |          |                   |      |          |                   |      |
|          |                   |      |          |                   |      |          |                   |      |
|          | M40               |      |          | M40               |      |          | M40               |      |
| 8:40.30  | GRANT BAILLIE     | 2023 | 15:29.72 | GRANT BAILLIE     | 2023 | 31:47    | GRANT BAILLIE     | 2019 |
| 9:05.63  | KEVIN DOWNIE      | 2010 | 15:48.0  | BOBBY RONALD      | 1995 | 33:53.88 | BOBBY RONALD      | 1997 |
| 9:16.6   | BOBBY RONALD      | 1995 | 17:04.?  | GORDON COLVIN     | 1999 | 34:10    | GRAEME HADDOW     | 2002 |
| 9:38.05  | ANDREW            | 2023 | 17:07.?  | GEORGE BLACK      | 1984 | 34:30    | GEORGE BLACK      | 1985 |
| 9:46.4   | DAVID CONDRA      | 2004 | 17:12.1  | DAVID CONDRA      | 2004 | 35:08    | GORDON COLVIN     | 1999 |
|          |                   |      |          |                   |      |          |                   |      |
|          | M45               |      |          | M45               |      |          | M45               |      |
| 8:57.11  | GRANT BAILLIE     | 2024 | 15:28.72 | GRANT BAILLIE     | 2024 | 38:45    | GORDON COLVIN     | 2007 |
| 10:20.1  | DAVID CONDRA      | 2007 | 17:51.07 | GRAEME HADDOW     | 2008 | 42:34    | VINCENT GLENNON   | 2018 |
| 10:27.0  | DEREK LEITCH      | 2004 | 19:11.?  | GORDON COLVIN     | 2007 | 42:51    | GRAEME HADDOW     | 2012 |
| 10:31.37 | GRAEME HADDOW     | 2008 |          |                   |      | 44:26    | DAVID CONDRA      | 2011 |
| 10:45.08 | JOHN EDWARDS      | 2023 |          |                   |      |          |                   |      |
|          |                   |      |          |                   |      |          |                   |      |
|          | M50               |      |          | M50               |      |          | M50               |      |
| 10:35.34 | CHRIS WATTERS     | 2024 | 19:18    | GRAEME HADDOW     | 2014 | 36:53    | DEREK LEITCH      | 2007 |
| 11:35.2  | GRAEME HADDOW     | 2013 | 20:12    | GORDON COLVIN     | 2012 | 41:01    | GORDON COLVIN     | 2009 |
| 11:45.5  | KEITH CHARTERS    | 2019 | 21:23    | KEITH CHARTERS    | 2019 | 41:14    | GRAEME HADDOW     | 2016 |
| 12:33.8  | PAUL STUART       | 2022 |          |                   |      | 44:10    | KEITH CHARTERS    | 2018 |
|          |                   |      |          |                   |      | 63:07    | DAVID CONDRA      | 2016 |
|          |                   |      |          |                   |      |          |                   |      |
|          | M55               |      |          | M55               |      |          | M55               |      |
| 10:45.96 | KEITH CHARTERS    | 2023 | 18:02    | DEREK LEITCH      | 2008 | 37:33    | DEREK LEITCH      | 2009 |
| 10:57.?  | DEREK LEITCH      | 2011 | 18:34.47 | KEITH CHARTERS    | 2023 | 38:15.46 | KEITH CHARTERS    | 2024 |
| 11:18.0  | ARTHUR MULHOLLAND | 2021 | 20:41    | ARTHUR MULHOLLAND | 2018 | 42:27    | GRAEME HADDOW     | 2017 |
| 13:19.?  | GORDON COLVIN     | 2018 | 21:15    | GRAEME HADDOW     | 2019 | 45:00    | ARTHUR MULHOLLAND | 2018 |
|          |                   |      | 21:49    | GORDON COLVIN     | 2019 |          |                   |      |
|          |                   |      |          |                   |      |          |                   |      |
|          | M60               |      |          | M60               |      |          | M60               |      |
| 11:21    | DEREK LEITCH      | 2013 | 19:41    | DEREK LEITCH      | 2013 | 38:29.21 | KEITH CHARTERS    | 2025 |
|          |                   |      | 22:00.85 | ARTHUR MULHOLLAND | 2024 | 42:06    | DEREK LEITCH      | 2013 |
|          |                   |      |          |                   |      |          |                   |      |
|          |                   |      |          |                   |      |          |                   |      |
|          |                   |      |          |                   |      |          |                   |      |
|          | M65               |      |          | M65               |      |          | M65               |      |
|          |                   |      |          |                   |      |          |                   |      |
|          |                   |      |          |                   |      |          |                   |      |
|          |                   |      |          |                   |      |          |                   |      |



# EKAC MASTERS AGE GROUP TOP 5's



|      | HIGH JUMP         |      |      | LONG JUMP        |      |       | DISCUS             |      |
|------|-------------------|------|------|------------------|------|-------|--------------------|------|
|      | M35               |      |      | M35              |      |       | M35                |      |
| 1.65 | GEORGE LONEY      | 1993 | 5.68 | GEORGE LONEY     | 1992 | 38.36 | GEORGE LONEY       | 1993 |
| 1.55 | GRANT BAILLIE     | 2014 | 5.46 | FRASER HOPKINS   | 2014 | 35.77 | KEITH GARROW       | 2012 |
| 1.55 | ANDREW CLYDESDALE | 2014 | 4.97 | GRANT BAILLIE    | 2014 | 28.69 | GRAHAM PORTERFIELD | 2015 |
|      |                   |      | 4.58 | GORDON SELFRIDGE | 2013 | 23.97 | FRASER MACDOUGALL  | 2015 |
|      |                   |      | 3.79 | KEITH GARROW     | 2008 |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      | M40               |      |      | M40              |      |       | M40                |      |
| 1.60 | GEORGE LONEY      | 1995 | 5.67 | FRASER HOPKINS   | 2015 | 41.74 | JOHN LITTLE        | 1993 |
| 1.55 | BILL MACDOUGALL   | 1991 | 5.35 | BILL MACDOUGALL  | 1990 | 39.00 | GEORGE LONEY       | 1996 |
| 1.55 | ALAN BAXTER       | 2019 | 5.05 | CHARLES LELEUX   | 2003 | 34.06 | KEITH GARROW       | 2014 |
| 1.35 | GORDON SELFRIDGE  | 2014 | 4.46 | GRANT BAILLIE    | 2023 | 21.20 | NORRIE GRIFFITHS   | 1988 |
|      |                   |      | 4.37 | WILLIE MCCANN    | 1991 | 21.19 | VINCENT GLENNON    | 2017 |
|      |                   |      |      |                  |      |       |                    |      |
|      | M45               |      |      | M45              |      |       | M45                |      |
| 1.60 | ALAN BAXTER       | 2024 | 5.09 | BILL MACDOUGALL  | 1995 | 37.61 | GEORGE LONEY       | 1999 |
|      |                   |      | 4.52 | ALAN BAXTER      | 2023 | 33.98 | KEITH GARROW       | 2019 |
|      |                   |      | 3.86 | JOHN EDWARDS     | 2023 | 23.62 | VINCENT GLENNON    | 2019 |
|      |                   |      | 3.75 | DAVID CONDRA     | 2008 | 21.46 | ALAN BAXTER        | 2024 |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      | M50               |      |      | M50              |      |       | M50                |      |
| 1.32 | KEITH CHARTERS    | 2018 |      |                  |      | 22.97 | WILLIAM MUIR       | 2014 |
|      |                   |      |      |                  |      | 21.99 | VINNIE GLENNON     | 2024 |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      | M55MM             |      |      |                  |      |       |                    |      |
|      | M55               |      |      | M55              |      |       | M55                |      |
|      |                   |      | 3.36 | KEITH CHARTERS   | 2023 | 21.81 | WILLIAM MUIR       | 2019 |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      | M60               |      |      | M60              |      |       | M60                |      |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      | M65               |      |      | M65              |      |       | M65                |      |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |
|      |                   |      |      |                  |      |       |                    |      |



|       | HAMMER             |      |       | JAVELIN           |      |       | SHOT PUT           |      |
|-------|--------------------|------|-------|-------------------|------|-------|--------------------|------|
|       | M35                |      |       | M35               |      |       | M35                |      |
| 38.39 | GRAHAM PORTERFIELD | 2015 | 42.30 | FRASER MACDOUGALL | 2014 | 11.97 | GEORGE LONEY       | 1992 |
| 24.12 | KEITH GARROW       | 2011 | 33.30 | KEITH GARROW      | 2013 | 11.76 | KEITH GARROW       | 2012 |
|       |                    |      |       |                   |      | 11.71 | GRAHAM PORTERFIELD | 2015 |
|       |                    |      |       |                   |      | 8.93  | FRASER MACDOUGAL   | 2015 |
|       |                    |      |       |                   |      | 8.33  | ANDREW CLYDESDALE  | 2014 |
|       |                    |      |       |                   |      |       |                    |      |
|       | M40                |      |       | M40               |      |       | M40                |      |
| 42.78 | JOHN LITTLE        | 1993 | 40.92 | GEORGE LONEY      | 1994 | 12.97 | GEORGE LONEY       | 1998 |
| 29.29 | KEITH GARROW       | 2014 | 31.65 | KEITH GARROW      | 2014 | 11.97 | JOHN LITTLE        | 1993 |
| 29.02 | GEORGE LONEY       | 1995 | 26.00 | ALAN BAXTER       | 2019 | 11.77 | KEITH GARROW       | 2014 |
| 14.54 | JOHN KEDDIE        | 1994 | 23.78 | JOHN TOMS         | 1996 | 8.93  | FRASER MACDOUGALL  | 2015 |
|       |                    |      | 23.48 | FRED BIAS         | 1982 | 8.58  | FRASER HOPKINS     | 2015 |
|       |                    |      |       |                   |      |       |                    |      |
|       | M45                |      |       | M45               |      |       | M45                |      |
| 25.84 | KEITH GARROW       | 2019 | 33.54 | GEORGE LONEY      | 1999 | 12.10 | GEORGE LONEY       | 1999 |
|       |                    |      | 32.46 | ALAN BAXTER       | 2022 | 11.29 | KEITH GARROW       | 2019 |
|       |                    |      | 22.72 | VINCENT GLENNON   | 2019 | 8.45  | ALAN BAXTER        | 2023 |
|       |                    |      | ?     | MICHAEL CARLIN    | 2024 | 7.80  | VINCENT GLENNON    | 2019 |
|       |                    |      |       |                   |      | 6.43  | ANDREW CHAPMAN     | 2023 |
|       |                    |      |       |                   |      |       |                    |      |
|       | M50                |      |       | M50               |      |       | M50                |      |
| 21.97 | WILLIAM MUIR       | 2013 | 27.34 | WILLIAM MUIR      | 2012 | 8.04  | WILLIAM MUIR       | 2011 |
|       |                    |      | 20.79 | VINCENT GLENNON   | 2024 | 7.68  | VINCENT GLENNON    | 2024 |
|       |                    |      | 13.56 | KEITH CHARTERS    | 2019 |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       | M55                |      |       | M55               |      |       | M55                |      |
| 22.14 | WILLIAM MUIR       | 2017 | 23.71 | WILLIAM MUIR      | 2017 | 9.01i | WILLIAM MUIR       | 2017 |
|       |                    |      |       |                   |      | 5.16  | KEITH CHARTERS     | 2023 |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       | M60                |      |       | M60               |      |       | M60                |      |
|       |                    |      |       |                   |      | 8.32i | WILLIAM MUIR       | 2023 |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       | M65                |      |       | M65               |      |       | M65                |      |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |
|       |                    |      |       |                   |      |       |                    |      |



# EKAC MASTERS AGE GROUP TOP 5's



|          | 3000m S/C        |      |         | 1/2 MARATHON   |      |         | MARATHON             |      |
|----------|------------------|------|---------|----------------|------|---------|----------------------|------|
|          | <b>M35</b>       |      |         | <b>M35</b>     |      |         | <b>M35</b>           |      |
| 9:55.76  | GRANT BAILLIE    | 2015 | 73:18   | GRANT BAILLIE  | 2015 | 2:38.19 | GRANT BAILLIE        | 2017 |
|          |                  |      | 74:10   | GORDON COLVIN  | 1995 | 2:55.39 | DAVID ROSS           | 2023 |
|          |                  |      | 2:04.17 | MICHAEL BROWNE | 2012 | 3:13.00 | GARY CRAIG           | 2022 |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          | <b>M40</b>       |      |         | <b>M40</b>     |      |         | <b>M40</b>           |      |
| 11:10.5  | DAVY CONDRA      | 2006 | 69.13   | GRANT BAILLIE  | 2020 | 2:30.50 | GEORGE BLACK         | 1983 |
|          |                  |      | 71.58   | GEORGE BLACK   | 1985 | 2:37.42 | GAVIN MCKIRDY        | 1981 |
|          |                  |      | 74.45   | BOBBY RONALD   | 1996 | 2:46.26 | GRANT BAILLIE        | 2019 |
|          |                  |      | 75.57   | DAVID CONDRA   | 2002 | 3:30.47 | JOHN EDWARDS         | 2022 |
|          |                  |      | 81.14   | GORDON COLVIN  | 1999 |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          | <b>M45</b>       |      |         | <b>M45</b>     |      |         | <b>M45</b>           |      |
| 10:07.94 | GRANT BAILLIE    | 2024 | 80:49   | DAVID CONDRA   | 2007 | 3:20.17 | JOHN EDWARDS         | 2025 |
|          |                  |      | 104:15  | GERRY O'NEIL   | 2022 |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          | <b>M50</b>       |      |         | <b>M50</b>     |      |         | <b>M50</b>           |      |
|          |                  |      | 98:10   | KEITH CHARTERS | 2019 | 5:01.08 | KEITH CHARTERS       | 2019 |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          | <b>M55</b>       |      |         | <b>M55</b>     |      |         | <b>M55</b>           |      |
|          |                  |      | 88:13   | KEITH CHARTERS | 2022 | 3:19.33 | KEITH CHARTERS       | 2022 |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          | <b>M60</b>       |      |         | <b>M60</b>     |      |         | <b>M60</b>           |      |
|          |                  |      |         |                |      | 3:31.52 | KEITH CHARTERS       | 2025 |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |
|          | <b>150m</b>      |      |         | <b>110mh</b>   |      |         | <b>TRIPLE JUMP</b>   |      |
| 20.8     | Vincent Glennon  | 2021 | 21.37   | COLIN FREW     | 2019 | 10.98   | BILL MACDOUGALL      | 1990 |
| 22.6     | Gerry O'Neil     | 2021 | 23.18   | ALAN BAXTER 45 | 2022 | 8.84    | GORDON SELFRIDGE M35 | 2013 |
| 23.0     | Keith Charters   | 2021 | 30.8    | JOHN TOMS      | 1996 |         |                      |      |
| 23.2     | John Paul Connor | 2021 |         |                |      |         |                      |      |
|          |                  |      |         |                |      |         |                      |      |