

EKAC UNDER 20 MEN TOP 20

60m				300m	
7.02	ALASDAIR MACKENZIE	2003	39.3	JAMIE CLEMENTS	2006
7.02	GREG KELLY	2018			
7.08	FRASER MACKENZIE	2003		400m	
7.1	DAVID GILMOUR	1989	48.61	ALASDAIR MACKENZIE	2004
7.11	FRASER MACDOUGALL	1997	50.13i	AIDAN GILBRIDE	2016
7.37	EWAN MCCORMACK	1993	50.33	GREG KELLY	2016
7.4	DAVID BALLANTYNE	1992	50.8	DAVID CATHIE	1989
7.43	GREGOR THORPE	2009	50.9i	DAVID BALLANTYNE	1991
7.47	SCOTT MCDERMOTT	1995	50.9	KRISS DULLICK	1994
7.59	JOSH MAITLAND	2015	51.1	JAMIE CLEMENTS	2008
7.64	NISHANT PURI	2009	51.3	IAN ARCHIBALD	1980
7.77	MARTIN BARR	2005	51.5	KEVIN WOODS	1992
7.79	JACOB CONNELLY	2017	51.6	FRASER WHITE	1976
7.86	SAMMIE DICKIE	2021	51.70	RYAN CLYDESDALE	2018
7.90	DAVID CHAN	2002	51.7	ALAN CORD	1974
7.93	SAMSON ETAM	2025	51.9	ALEX BROWN	1969
8.04	AMIT KUMAR	2015	51.9	FRASER MACDOUGALL	1995
8.14	JORDAN O'NEILL	2022	51.99	CALLUM FIELD	2016
			52.2	DOUGLAS MCCUE	1982
			52.34	SCOTT MCDERMOTT	1994
10.7	GREG KELLY	2018	52.4	ROBERT MCKIM	1976
11.0	DAVID GILMOUR	1989	52.9	BOBBY MADDEN	1996
11.02	FRASER MACKENZIE	2005	52.98	KIERAN RANKIN	2013
11.09	JOHN GILLIES	1980			
11.11	ALASDAIR MACKENZIE	2003		600m	
11.14	FRASER MACDOUGALL	1996	1:22.88	AIDAN GILBRIDE	2016
11.2	DAVID BALLANTYNE	1991	1:30.32	NIALL WALKER	2006
11.3	KENNETH MACNAMEE	1988			
11.4	DAVID CATHIE	1988		800m	
11.5	CRAIG GILLIES	1984	1:50.42	IAN ARCHIBALD	1980
11.65	GREGOR THORPE	2011	1:52.87i	AIDAN GILBRIDE	2016
11.7	GRANT IRWINE	1980	1:52.96	ALAN MACBETH	1989
11.7	DOUGLAS MCCUE	1981	1:55.32	CALUM CHARTERS	2023
11.7	NISHANT PURI	2009	1:56.0	JAMIE CLEMENTS	2008
11.7	EWAN MCCORMACK	1992	1:58.6	GORDON REID	1973
11.7	AIDAN GILBRIDE	2015	1:58.6	FRASER WHITE	1976
11.7	RYAN CLYDESDALE	2019	1:58.97	COLIN GRANT	1983
11.7	JAKE VULCAN	2022	2:00.58	DAVID WHITE	1987
11.8	ROBERT MOODIE	1979	2:00.9	KRISS DULLICK	1994
11.8	SCOTT MCDERMOTT	1994	2:01.07	BOBBY MADDEN	1997
11.8	STEVEN TOMS	2001	2:01.42	ALAN SMITH	1990
			2:01.7	CHRIS BRYDEN	1987
			2:02.3	IAN TIERNEY	1987
18.4	JAKE VULCAN	2021	2:02.5	ALAN PARTRIDGE	1968
18.6	JORDAN O'NEILL	2021	2:02.5	NIALL WALKER	2008
18.9	SAMMY DICKIE	2021	2:03.0	JAMIE MADDEN	1996
			2:03.8	DAVID GORMAN	2008
			2:03.93	SAM HOSIE	2025
			2:04.0	RICHARD MCKIRDY	1982
	200m				
21.68	GREG KELLY	2018			
22.28	FRASER MACKENZIE	2005			
22.30	DAVID GILMOUR	1989			
22.36/33w	ALASDAIR MACKENZIE	2003			
22.5	FRASER MACDOUGALL	1995			
22.6	DAVID CATHIE	1988			
22.7	JOHN GILLIES	1980			
22.7	DAVID BALLANTYNE	1992			
22.9	RONNIE MONCRIEFF	1966			
22.9	BEN MCKENNA	1976			
22.9	ROBIN ARCHIBALD	1978			
22.9	ALASTAIR MCKENZIE	2003			
23.31	GREGOR THORPE	2011			
23.45i	AIDAN GILBRIDE	2016			
23.6	KENNETH MCNAMEE	1988			
23.7	BRIAN COOK	1973			
23.7	EWAN MCCORMACK	1992			
23.7	STEVEN TOMS	2001			
23.7	RYAN CLYDESDALE	2019			

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	1500m			60mH	
3:48.94	IAN ARCHIBALD	1980	8.92i	SCOTT MCDERMOTT	1995
3:53.2	ALAN MACBETH	1989	11.4i	ALAN LEITCH	2024
3:57.51	AIDAN GILBRIDE	2016			
3:59.3	RICHARD MCKIRDY	1982		100mH	
4:02.3	IAN TIERNEY	1987	15.0	CRAIG GILLIES	1984
4:03.07	CALUM CHARTERS	2023	16.03	GRANT IRWINE	1980
4:04.5	COLIN GRANT	1983	16.34	SCOTT MCDERMOTT	1994
4:04.66	SAM HOSIE	2024	16.6	ROBERT MOODIE	1980
4:05.6	GORDON REID	1972	17.00	DOUGLAS MCCUE	1982
4:06.1	IAIN CAMPBELL	1978	17.42	MALCOLM GIBSON	1991
4:07.8	BOBBY MADDEN	1997	17.90	KEVIN MCDOWALL	1989
4:13.48	JAMIE CLEMENTS	2008	20.1	SCOTT HONE	2007
4:13.8	TOM COLSTON	1974	20.35	LAURENCE REID	1985
4:16.0	CAMERON CLEMENT	1996	20.37	DAVID ROSS	1987
4:11.5	GRANT BAILLIE	1998	21.3	ROBERT HOWAT	1992
4:18.7	ALAN SMITH	1991	22.0	ALAN MITCHELL	1997
4:19.0	FRANCIS WALLACE	1986	24.3	MARK PROVAN	1988
4:19.8	CHRIS BRYDEN	1986			
4:20.9	JAMIE MADDEN	1996		400mH	
4:21.1	CHRIS WATTERS	1990	59.22	ROBERT HOWAT	1993
			60.8	BERNARD MCKENNA	1977
	3000m		61.0	ROBERT MCKIM	1976
8:24.6	IAN ARCHIBALD	1980	61.5	GRANT IRWINE	1980
8:30.3	IAIN CAMPBELL	1978	61.5	MALCOLM GIBSON	1991
8:46.8	IAN TIERNEY	1988	61.7	IAN LIVINGSTONE	1992
8:47.0	COLIN GRANT	1983	61.7	JAMIE MADDEN	1994
8:51.0	ROBERT MCKIM	1976	62.23	KEVIN MCDOWALL	1988
9:00.12i	AIDAN GILBRIDE	2016	63.2	DOUGLAS MCCUE	1981
9:08.41	MARTIN LYNAS	2016	63.6	GRANT BAILLIE	1997
9:10.82	BOBBY MADDEN	1997	64.90	LAURENCE REID	1985
9:16.8	GRANT BAILLIE	1997	65.0	ALAN MITCHELL	1997
9:19.0	CAMERON CLEMENT	1996	65.1	ROBERT MOODIE	1992
9:21.44i	SAM HOSIE	2025	65.2	CAMERON CLEMENT	1994
9:24.24i	HAMISH ANDERSON	2020	66.4	BOBBY MADDEN	1997
9:24.?	GORDON COLVIN	1978	72.5	GRAEME KEDDIE	1998
9:25.4	ALAN SMITH	1991	73.83	DAVID ROSS	1987
9:29.52i	CALUM CHARTERS	2023			
9:33.1	DAVID WHITE	1987		2000m S/C	
9:38.9	LAURENCE REID	1986	5:59.8	ROBERT MCKIM	1975
9:54.3	GRAEME KEDDIE	1997	6:05.7	RICHARD MCKIRDY	1982
9:55.0	JOHN FERGUSON	2008	6:14.54	WILLIE MCDONALD	1977
9:58.7	KRISS DULLICK	1993	6:28.40	CALUM CHARTERS	2023
			6:28.9	BOBBY MADDEN	1996
	5000m		6:36.8	FRANNY WALLACE	1986
14:29.1	IAIN CAMPBELL	1978	6:38.54	CAMERON CLEMENT	1996
14:45.5	IAN ARCHIBALD	1980	6:50.8	JAMIE MADDEN	1996
15:10.05	AIDAN GILBRIDE	2016	7:04.8	LAURENCE REID	1986
15:24.0	IAN TIERNEY	1988	7:10.07	ALAN MITCHELL	1996
15:55.29	MARTIN LYNAS	2016	7:45.6	GRAEME KEDDIE	1996
16:06.4	BOBBY MADDEN	1997			
16:09.9	GORDON COLVIN	1978		3000m S/C	
16:27.5	COLIN GRANT	1983	9:56.0	IAN ARCHIBALD	1980
17:07.9	CAMERON CLEMENT	1996	9:59.6	WILLIE MCDONALD	1977
17:42.2	LAURENCE REID	1986	10:10.1	ROBERT MCKIM	1976
17:43.0	GRANT BAILLIE	1997	10:17.7	CAMERON CLEMENT	1996
17:57.2	DAVID WHITE	1986	10:27.8	GRANT BAILLIE	1997
19:08.3	GRAEME KEDDIE	1997	10:34.3	CHRIS BRYDEN	1987
			10:35.98	NEIL SHARPE	1990
	10000m		10:40.6	BOBBY MADDEN	1996
33:16.17	MARTIN LYNAS	2018	10:43.0	DEREK BELL	1995
35:20.76	VINCENT HASTINGS	2014	10:49.1	LAURENCE REID	1987

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HIGH JUMP				POLE VAULT			
2.05i	DUNCAN MCINNES	1997	3.40	KEVIN MCDOWALL	1989		
1.91	AMIT KUMAR	2018	3.40	SCOTT MCDERMOTT	1993		
1.90	MARK ELLIOTT	1997	3.00	DOUGLAS MCCUE	1982		
1.85	DOUGLAS MCCUE	1981	3.00	MARK PROVAN	1989		
1.85	SCOTT MCDERMOTT	1994	2.90	GRANT IRWINE	1980		
1.85i	ALISTER KERR	2000	2.70	CAMPBELL LAMONT	1986		
1.85	SCOTT HONE	2005	2.60i	KENNETH MILLAR	1991		
1.84	GRANT IRWINE	1981	2.50	ROSS GIBSON	1997		
1.80	CAMPBELL LAMONT	1987	2.40	ROBERT MOODIE	1979		
1.78	ROBERT MOODIE	1980	2.05	ALAN MITCHELL	1997		
1.75	DAVID GORMLEY	1989					
1.73	BOBBY MADDEN	1997					
1.70	BERNARD MCKENNA	1976	35.24	DISCUS			
1.70	STEVEN TOMS	2001	33.64	GRAEME FERGUSON	1994		
1.66	SI MITCHELL	1986	33.34	SCOTT MCDERMOTT	1994		
1.65	FRASER MACDOUGALL	1994	32.78	KEVIN MCDOWALL	1988		
1.63	ROBIN ARCHIBALD	1977	31.76	GRANT IRWINE	1981		
1.60	ALAN MITCHELL	1998	28.62	ROBERT MOODIE	1980		
1.58	GRANT BAILLIE	1997	23.30	CAMPBELL LAMONT	1987		
1.57	KEVIN MCDOWALL	1989	22.08	FRASER MACDOUGALL	1995		
			21.12	ROSS GIBSON	1997		
			20.81	MARK PROVAN	1988		
LONG JUMP				STEVEN COKE	1998		
6.66	SCOTT MCDERMOTT	1994	19.48	ALAN MITCHELL	1997		
6.50	GRANT IRWINE	1981	16.36	STEVEN TOMS	2001		
6.50	DOUGLAS MCCUE	1982	15.56	NEIL GRANT	1983		
6.49	DAVID GORMLEY	1989	15.14	JAMIE MADDEN	1994		
6.38	BERNARD MCKENNA	1976	13.54	ROBERT HOWAT	1993		
6.32	CRAIG GILLIES	1984	12.28	GRAEME KEDDIE	1997		
6.20	ROBERT MOODIE	1980					
6.11	AMIT KUMAR	2016		HAMMER			
6.10	SCOTT HONE	2006	31.12	GRAEME FERGUSON	1994		
6.05	ROBIN ARCHIBALD	1977	22.76	KEVIN JENKINS	1988		
6.00	JOHN GILLIES	1980	21.06	GRANT IRWINE	1981		
5.86	FRASER MACDOUGALL	1994	16.98	ROSS GIBSON	1997		
5.74	ROBERT HOWAT	1993	15.49	GRAEME KEDDIE	1998		
5.60	KRISS DULICK	1993	9.70	BOBBY MADDEN	1997		
5.54	CALUM CHARTERS	2023					
5.52	CAMPBELL LAMONT	1986		JAVELIN			
5.51	EWAN MCCORMACK	1992	49.30	SCOTT MCDERMOTT	1994		
5.48	STUART MCMILLAN	1997	44.90	FRASER MCDOWALL	1995		
5.45	CHRIS BRYDEN	1986	42.46	CAMPBELL LAMONT	1986		
5.44	ALAN MITCHELL	1997	41.12	GRANT IRWINE	1980		
			35.46	KEVIN MCDOWALL	1989		
			33.50	ROBERT MOODIE	1980		
TRIPLE JUMP				DOUGLAS MCCUE	1982		
12.88	GRANT IRWINE	1980	33.50	STEVEN COKE	1998		
12.70	DOUGLAS MCCUE	1981	32.58	GRAEME FERGUSON	1994		
12.56	ROBERT MOODIE	1979	32.30	ROBERT HOWAT	1993		
12.51	DAVID GORMLEY	1989	31.74	JOHN MCGREGOR	1988		
12.48	DUNCAN MCINNES	1996	29.66	STUART MCMILLAN	1997		
12.32	BERNARD MCKENNA	1976	27.52	LUKE KIRWAN	2017		
12.01	SCOTT MCDERMOTT	1993	27.38	ALAN SMITH	1991		
11.83	JAMIE MADDEN	1996	26.90	ALAN MITCHELL	1997		
11.45	KENNETH MILLAR	1989	26.54	BOBBY MADDEN	1996		
11.35	AMIT KUMAR	2015	25.40	MARK PROVAN	1989		
11.26	KEVIN MCDOWALL	1988	24.90	JAMIE MADDEN	1996		
11.04	BOBBY MADDEN	1996	24.18	NEIL SHARPE	1990		
11.00	CAMERON CLEMENT	1994	21.08	DAVID GILMOUR	1989		
10.99	ALAN MITCHELL	1997	20.08				
10.97	DEREK BELL	1995					
10.87	KRISS DULICK	1994					
10.66	GRANT BAILLIE	1997					
10.45	FRASER MACDOUGALL	1994					
10.39	ALAN SMITH	1991					
9.88	GARY LOGAN	1997					

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SHOT PUT

12.93	GRAEME FERGUSON	1994
12.74	GRANT IRWINE	1981
11.46	SCOTT MCDERMOTT	1994
11.35	ROBERT MOODIE	1980
9.89	KEVIN JENKINS	1988
9.71	ROSS GIBSON	1997
9.36	FRASER MACKENZIE	2003
9.13	CAMPBELL LAMONT	1987
8.82	KEVIN MCDOWALL	1989
8.33	DAVID CHAN	2002
7.74	JAMIE CLEMENTS	2008
7.22	NIALL WALKER	2008
7.21	CALUM CHARTERS	2023
7.13	STUART MCMILLAN	1997
7.03	LEWIS THORPE	2023
6.68	BOBBY MADDEN	1997
6.56	JAMIE MADDEN	1996
6.52	MARK PROVAN	1988
6.52	DAVID GORMAN	2008
6.42	NEIL SHARPE	1990