



EKAC MALE TOP 20



60m			200m cont.		
6.91	STEPHEN SHANKS	1995	22.55	GREG KELLY U17	2015
6.97	GREG KELLY	2022	22.6	JOHN TONER	1975
7.02	ALASDAIR MACKENZIE U20	2003	22.6	DAVID CATHIE U20	1988
7.02	GREG KELLY U20	2018	22.6	ALASDAIR MACKENZIE	2007
7.08	FRASER MACKENZIE U20	2003	22.7	ROBIN ARCHIBALD	1977
7.1	DAVID GILMOUR U20	1989	22.8	JOHN GILLIES U17	1978
7.11	FRASER MACDOUGALL U20	1997	22.8	RONNIE MONCRIEFF	1978
7.2	IAN HAMILTON	1986	22.8	PAUL MCNAMEE	1986
7.27	GREG KELLY U17	2015			
7.29	PETER DENHOLM	2009			
7.30	KENNETH MACNAMEE U17	1987	34.13	300m	
7.30i	LIAM WOODS U17	2019	34.98	GREG KELLY	2024
7.3	PAUL MCNAMEE	1985	36.25	DAVID GILMOUR	1994
7.3	DAVID BALLANTYNE	1993	36.57	ANDREW McLEAN	1994
7.37	EWAN MACCORMACK U20	1993	37.23	FRANCIS SANTANGELI U15	2022
7.38	FRASER HOPKINS U17	1987	39.3	LIAM WOODS U17	2018
7.42	ANDY MURRAY	1991	40.39	JAMIE CLEMENTS U20	2006
7.43	GRAEME PORTERFIELD	1999	41.55	RYAN CLYDESDALE U15	2015
7.43	GREGOR THORPE U20	2009	42.95i	LIAM WOODS U15	2017
7.45	ROSS MURRAY U17	1999	43.61	CALUM HOPKINS	2016
7.45	DAVID GILMOUR M35	2006		CALUM FIELD U15	2013
100m			400m		
10.62	GREG KELLY	2021	47.59	GREG KELLY	2025
10.7	JOHN GILLIES	1981	48.05	DAVID GILMOUR	1991
10.7	FRASER MACKENZIE	2007	48.61	ALASDAIR MACKENZIE U20	2004
10.7	GREG KELLY U20	2018	49.0	ALAN CORD	1980
10.8	STEPHEN SHANKS	1995	49.5	ALAN CAMERON	1994
10.9	JOHN TONER	1973	49.6	DEREK ARCHIBALD U17	1980
11.0	STEVEN HARRIGAN U17	1982	50.1	FRASER WHITE	1978
11.0	FRASER HOPKINS U17	1988	50.13i	AIDAN GILBRIDE U20	2016
11.0	DAVID GILMOUR U20	1989	50.4	JACK LITTLE	1977
11.1	GEORGE LONEY	1976	50.44i	DAVID BALLANTYNE	1995
11.1	ROBIN ARCHIBALD	1977	50.62	DAVID CATHIE	1991
11.11	ALASDAIR MACKENZIE U20	2003	50.9	TONY LINFORD	1988
11.14	FRASER MACDOUGALL U20	1996	50.9	KRISS DULLICK U20	1994
11.2	ALAN CORD	1977	51.1	JAMIE CLEMENTS U20	2008
11.2	BEN MCKENNA	1977	51.18	LUKE KIRWAN	2024
11.2	IAN HAMILTON	1986	51.3	JOHN TONER	1978
11.2	DAVID BALLANTYNE	1993	51.3	IAN ARCHIBALD U20	1980
11.2	DAVID CATHIE	1993	51.48	RYAN CLYDESDALE U17	2017
11.2	KENNETH MACNAMEE U17	1987	51.5	KEVIN WOODS U20	1992
11.3	DEREK ARCHIBALD U17	1980	51.6	IAN NEELY	1995
11.3	ANDY MURRAY	1990			
11.3	G WELSH	1995	1:22.88	600m	
150m			1:27.4	AIDAN GILBRIDE U20	2016
16.05	GREG KELLY	2020	1:27.5	AIDAN GILBRIDE U17	2013
19.5	JACK KIRWAN	2021	1:27.5	JAMIE CLEMENTS U17	2005
20.8	VINCENT GLENNON M45	2021	1:28.56	DAVID GORMAN U17	2006
21.1	JAMIE CLEMENTS	2021	1:30.32	NIALL WALKER U20	2006
22.6	GERRY O'NEIL M45	2021	1:33.1	GORDON COLVIN	?
23.0	KEITH CHARTERS M55	2021	1:33.5	DAVID GORMAN U15	2005
23.2	JOHN PAUL CONNOR M40	2021	1:39.21	FRASER MORGAN U17	2006
			1:52.16	GEORGE MCKENZIE U13	2016
			1:53.23i	RYAN MCNAMARA U11	2018
			1:54.3	ELLIOT BAIN U11	2013
			1:54.5	EUAN THORPE U11	2019
21.37	GREG KELLY U23	2021	1:54.64	BEN BAILLIE U11	2019
21.66	GREG KELLY	2024	1:55.1	OWEN SELFRIDGE U11	2013
21.68	GREG KELLY U20	2018	1:55.33	SAM DOW U11	2016
21.72	STEPHEN SHANKS	1995	1:57.1	ROSS HAMILTON U11	2014
21.98	FRASER MACKENZIE	2006	1:57.20	NATHAN YARDLEY U11	2016
22.14	DAVID GILMOUR	1994	1:57.57	SAM HOSIE U11	2016
22.2	JOHN GILLIES	1981	1:57.8	MATTHEW SWEENEY U11	2022
22.28	FRASER MACKENZIE U20	2005	1:58.43	NOAH ANDERSON U11	2023
22.33w	ALASDAIR MACKENZIE U20	2003			
22.4	G WELSH	1995	2:39.4	1000m	
22.5	ALAN CORD	1977	2:39.9	GRANT BAILLIE M40	2021
22.5	IAN HAMILTON	1986	2:56.7	LUKE KIRWAN	2021
22.5	DAVID BALLANTYNE	1993	3:02.4	JAMIE CLEMENTS	2021
22.5	FRASER MACDOUGALL U20	1995	3:44.2	JACK KIRWAN	2021
				MICHAEL CARLIN M40	2021



EKAC MALE TOP 20



800m

1:50.42	IAN ARCHIBALD U20	1980
1:50.93	DAGE MINORS	2023
1:51.8	KEVIN TAYLER	1978
1:52.87i	AIDAN GILBRIDE U20	2016
1:52.96	ALAN MACBETH U20	1989
1:53.6	TONY LINFORD	1987
1:53.7	KEVIN DOWNIE	1993
1:54.72	MATT KLOIBER	1994
1:54.97	IAN ARCHIBALD	1987
1:55.0	ROBERT MCKIM	1979
1:55.05	ALAN MACBETH U17	1988
1:55.32	CALUM CHARTERS U20	2023
1:55.51	ANGUS WILKINSON U17	2024
1:55.6	ALAN TRENCH	1975
1:55.80	ANGUS WILKINSON U15	2023
1:55.9	DEREK ARCHIBALD U17	1980
1:56.0	JAMIE CLEMENTS U20	2008
1:56.4	KEVIN WOODS	1994
1:56.7	GRAEME CROLL	1988
1:57.3	ALEX MCINDOE	1989

1500m

3:41.36	DAGE MINORS	2023
3:42.39	IAN ARCHIBALD	1983
3:48.3	KEVIN TAYLER	1977
3:49.2	KEVIN DOWNIE	1993
3:52.18	ANGUS WILKINSON U17	2024
3:53.09	ALAN MACBETH	1993
3:53.70	ANGUS WILKINSON U15	2023
3:54.6	HUGH WILSON	1979
3:54.7	ROBERT MCKIM	1978
3:54.8	GRAEME CROLL	1988
3:55.99	PAUL MCCORMACK	1993
3:57.1	BRUCE LEWIS	1992
3:57.10	JAMIE CONNOR U17	2023
3:57.5	IAIN CAMPBELL	1985
3:57.51	AIDAN GILBRIDE U20	2016
3:58.61	ALEX MCINDOE	1989
3:59.3	RICHARD MCKIRDY U20	1982
3:59.6	ALAN PARTRIDGE	1977
4:00.21	GRAEME HADDOW	1983
4:02.3	IAN TIERNEY U20	1987

1 Mile

4:02.4	IAN ARCHIBALD	1985
4:02.89	DAGE MINORS	2023
4:06.0	IAN ARCHIBALD U20	1980
4:11.20	ANGUS WILKINSON U15	2023
4:19.71	AIDAN GILBRIDE U20	
4:20.0	ALAN MACBETH U17	1987
4:24.56	DARYL REID	2021
4:25.24	CALUM CHARTERS U20	2023
4:26.22	GRANT BAILLIE M40	2023
4:26.45	LUKE KIRWAN	2023
4:45.0	ALAN TRENCH U15	1967
4:48.09	AARON THOMSON U17	2023
5:14.03	BEN BAILLIE U15	2023
5:26.38	GEORGE MCKENZIE U13	2016
5:42.30	GRAEME CASKIE U13	1999
5:55.9	AMIT KUMAR	
6:22.79	DYLAN EDWARDS U13	2019
6:32.9	FRASER HOPKINS M45	
7:00.7	RYAN CLYDESDALE U20	

3000m

8:02.92i	IAN ARCHIBALD	1983
8:27.0	IAIN CAMPBELL	1979
8:28.5	KEVIN DOWNIE	1993
8:28.8	GRAEME CROLL	1988
8:29.5	KEVIN TAYLER	1977
8:29.6	PAUL MCCORMACK	1992
8:29.69	ANGUS WILKINSON U17	2024
8:35.0	ALAN PARTRIDGE	1977
8:35.47	ANGUS WILKINSON U15	2023
8:38.45	AIDAN GILBRIDE	2022
8:40.30	GRANT BAILLIE M40	2023
8:42.37	JAMIE CONNOR U17	2023
8:43.29	DARYL REID	2022
8:43.6	HUGH WILSON	1980
8:44.3	BRUCE LEWIS	1992
8:46.8	IAN TIERNEY U20	1988
8:47.0	COLIN GRANT U20	1983
8:48.0	JOHN MACALLISTER	1985
8:49.9	RICHARD MCKIRDY U17	1981
8:50.0	GRAEME HADDOW	1986
8:50.0	BOBBY RONALD	1986

5000m

14:02.0	IAIN CAMPBELL	1985
14:25.4	ALAN PARTRIDGE	1977
14:33.4	IAN ARCHIBALD U20	1982
14:42.	KEVIN TAYLER	1977
14:44.79	DARYL REID	2022
14:57.9	GRAEME CROLL	1987
15:00.0	ROBERT MCKIM	1979
15:00.0	HUGH WILSON	1979
15:00.6	PAUL MCCORMACK	1993
15:04.6	ANDY NEAL	1974
15:05.4	GRAEME HADDOW	1982
15:05.6	JOHN MACALLISTER	1985
15:06.77	AIDAN GILBRIDE	2022
15:13.6	BOBBY RONALD	1987
15:22.4	ALAN MCLELLAN	1991
15:23.8	CHARLIE MACDOUGALL	1981
15:24.0	IAN TIERNEY U20	1988
15:24.2	GORDON COLVIN	1987
15:24.60	JOHN FERGUSON	2018
15:28.72	GRANT BAILLIE M45	2024

10000m

29:51.67	IAIN CAMPBELL	1984
29:57.	IAN ARCHIBALD	1985
30:39.7	ALAN PARTRIDGE	1977
31:42.09	BOBBY RONALD	1989
32:07.	HUGH WILSON	1977
32:15.	DAVID WATT	1983
32:20.9	GRAEME HADDOW	1989
32:27.2	JOHN MCMILLAN	1993
33:09.58	JAMIE CLEMENTS	2018
33:16.17	MARTIN LYNAS U23	2018
33:48.47	MARTIN DUTHIE	1994
33:53.88	BOBBY RONALD M40	1997
33:55.	ANDY NEAL	1973
34:11.7	GORDON COLVIN	1994
34:13.3	DAVID CONDRA	1997
34:30	GEORGE BLACK	1982
34:35.7	GERRY REID	1990
34:45.77	JACK KIRWAN	2023
34:47.9	ALAN DERRICK	1995
35:01.4	DAVID MORRISON	1989



EKAC MALE TOP 20



110mH

15.9	ROBERT MOODIE	1981
16.6	SCOTT MCDERMOTT	1995
16.77	IAN NEELY	1995
17.6	DAVID GORMLEY	1993
18.0	GEORGE LONEY	1980
18.52	DOUGLAS MCCUE U20	1982
18.8	JACK LITTLE	1980
18.9	ALAN WATSON	1973
19.48	AMIT KUMAR	2018
19.5	ANDY MCLEAN	1994
19.9	JIM CUMMINGS	1987
20.1	PAUL MCNAMEE	1987
20.1	ANDY MURRAY	1992
20.4	ANDY NEAL	1975
20.7	ALAN MITCHELL	2006
21.3	MARK PROVAN	1989
21.37	COLIN FREW	2019
21.6	DEREK BELL	1997
21.7	CHARLIE LELEUX	1991
22.6	GRANT BAILLIE	2005

400mH

54.1	IAN NEELY	1996
56.0	ANDY MCLEAN	1995
60.0	ROBERT HOWAT	1995
60.1	ROBERT MCKIM	1977
60.3	BEN MCKENNA	1977
60.4	GEORGE LONEY	1979
61.0	CAMERON CLEMENT	1997
61.2	JACK LITTLE	1979
61.74	JIM CUMMINGS	1987
61.8	ALAN MACBETH	1991
62.1	GRAEME CROLL	1988
63.8	ANDY NEAL	1975
64.2	CHARLIE LELEUX	1993
65.1	ALAN MITCHELL	2006
66.3	PAUL MCCAHERN	1990
66.3	BOBBY MADDEN	2008
67.1	PAUL MCNAMEE	1988
67.6	J DUNCAN	1979
68.5	BRIAN HOUSTON	1975
68.6	DAVID BALLANTYNE	1995

3000m S/C

8:51.11	GRAEME CROLL	1988
8:53.5	ROBERT MCKIM	1978
9:15.8	GEORGE SKINNER	1968
9:17.51	KEVIN DOWNIE	1994
9:29.4	ALAN PARTRIDGE	1975
9:44.2	ANDY NEAL	1976
9:47.23	GRANT BAILLIE	2006
9:49.2	B GARDINER	1972
9:51.7	ALAN SMITH	1992
9:53.6	WILLIE MCDONALD	1978
9:56.0	IAN ARCHIBALD U20	1980
9:59.13	KENNY CLEMENTS	1983
10:10.0	GRAEME HADDOW	1983
10:11.6	MARTIN DALE	1994
10:17.7	CAMERON CLEMENT U20	1996
10:19.6	JACK LITTLE	1978
10:21.2	IAN SINCLAIR	1975
10:21.3	GRANT BAILLIE	2005
10:27.1	JOHN SIMPSON	1979
10:29.2	NEIL SHARPE	1991

½ MARATHON

67.48	DARYL REID	2022
68.02	GRAEME CROLL	1988
69.13	GRANT BAILLIE M40	2020
69.22	BOBBY RONALD	1986
69.53	JOHN MCMILLAN	1993
70.43	GORDON COLVIN	1987
70.58	HUGH WILSON	1987
71.02	GRAEME HADDOW	1988
71.58	GEORGE BLACK	1986
72.38	JACK KIRWAN	2024
73.03	JOHN FERGUSON	2019
73.54	DAVID CONDRA	1996
74.00	LES HILL	1988
75.26	DAVID ROSS	2022
75.28	EUAN ROSE	2023
76.03	ALEX THOMSON	1985
77.13	RICKY GIBSON	1984
78.13	DAVID MCKIRDY	1983
80.06	HUGH TURNER	1985
80.31	ALAN HILL	1987

MARATHON

2:22.06	CHARLIE MACDOUGALL	1983
2:22.30	ALAN PARTRIDGE	1982
2:25.27	BOBBY RONALD	1986
2:30.50	GEORGE BLACK	1982
2:31.53	HUGH WILSON	19??
2:34.54	JOHN FERGUSON	2022
2:36.49	ANDY NEAL	1974
2:37.07	GAVIN MCKIRDY	1980
2:37.55	DAVID WATT	1984
2:38.11	GERRY REID	1985
2:38.19	GRANT BAILLIE M35	2017
2:38.20	DARYL REID	2019
2:39.18	BRIAN GRASSOM	1982
2:39.25	GORDON COLVIN	1984
2:39.25	ALEX THOMSON	1985
2:42.48	DAVID EDWARDS	1985
2:45.20	ANDY HENDERSON	1983
2:46.13	LES HILL	1986
2:46.40	BILL RAE	1980
2:47.31	JIMMY MOORE	1981



EKAC MALE TOP 20



HIGH JUMP

2.05 i	DUNCAN MCINNESS U20	1997
1.94i	AMIT KUMAR	2020
1.90	MARK ELLIOTT U20	1997
1.85	IAN JACKSON	19??
1.85	DOUGLAS MCCUE U20	1981
1.85	CAMPBELL LAMONT	1988
1.85	DAVID GORMLEY	1991
1.85	SCOTT MCDERMOTT U20	1994
1.85 i	ALASTAIR KERR U20	2000
1.85	SCOTT HONE U20	2005
1.84	GRANT IRWINE U20	1981
1.80	CRAIG GILLIES U17	1982
1.80	SCOTT HONE U17	2003
1.79 i	ROSS GIBSON U17	1996
1.78	ROBERT MOODIE U20	1980
1.75	ALAN WATSON	1973
1.75	BEN MCKENNA	1976
1.75	GEORGE LONEY	1979
1.75	TONY LINFORD	1988
1.75	KEVIN WOODS	1994

LONG JUMP

6.81	DAVID GORMLEY	1993
6.72	BEN MCKENNA	1977
6.66	SCOTT MCDERMOTT U20	1994
6.50	GRANT IRWINE U20	1981
6.50	DOUGLAS MCCUE U20	1982
6.45	FRASER HOPKINS U17	1988
6.43	ALAN WATSON	1973
6.39	IAN JACKSON	1972
6.33	CRAIG GILLIES U17	1982
6.33	ROSS MAXWELL U15	2010
6.28	ROBERT MOODIE	1982
6.21	GEORGE LONEY	1985
6.14	AMIT KUMAR U20	2019
6.10	SCOTT HONE U20	2006
6.05	ROBIN ARCHIBALD U20	1977
6.05	IAN MCGREGOR U17	1991
6.05 i	ROSS GIBSON U17	1996
6.00	JOHN GILLIES U20	1980
5.94	ROBERT HOWAT	1995
5.89	PAUL MCNAMEE	1987

TRIPLE JUMP

DAVID GORMLEY U17	1988
IAN JACKSON	1972
FRASER HOPKINS U15	1987
G MURRAY	1964
SCOTT HONE U17	2004
GRANT IRWINE U20	1980
DAVID GORMLEY	1992
DOUGLAS MCCUE U20	1981
GORDON IRWINE U17	1982
ROBERT MOODIE U20	1979
DUNCAN MCINNES U20	1996
PAUL JARDINE	1986
BEN MCKENNA U20	1976
AMIT KUMAR	2018
CRAIG GILLIES U17	1982
ROBIN ARCHIBALD U17	1976
SCOTT MCDERMOTT U20	1993
JAMIE MADDEN U20	1996
CAMPBELL LAMONT	1988
KENNETH MILLER U17	1988

POLE VAULT

KEVIN MCDOWALL	1993
SCOTT MCDERMOTT	1995
ROSS GIBSON U17	1996
DAVID GORMLEY U17	1987
ROBERT MOODIE	1981
GRANT IRWINE U17	1979
DOUGLAS MCCUE U20	1982
GEORGE LONEY	1982
MARK PROVAN U20	1989
JOHN LITTLE	1993
CAMPBELL LAMONT U20	1986
JACK LITTLE	1986
KENNETH MILLER U20	1991
FRASER MACDOUGALL U17	1993
MARK SHERWOOD U17	1994
PAUL LEMON	1975
GARY CROSS	1985
BRIAN CULLIE	1990
ALAN MITCHELL U20	1997
PAUL SNEDDON U17	1997



EKAC MALE TOP 20



DISCUS

41.78	JOHN LITTLE	1993
39.96	GEORGE LONEY	1981
35.77	KEITH GARROW M35	2012
34.66	SCOTT MCDERMOTT	1996
32.58	GRANT IRWINE U20	1981
31.26	CAMPBELL LAMONT	1988
30.76	ROBERT MOODIE	1981
30.08	DAVID HADDOW	1994
29.12	ANTHONY IRVING	1995
28.78	STUART ANDERSON	1996
27.73	GRAHAM PORTERFIELD M35	2015
27.52	KEVIN MCDOWALL	1990
26.32	DOUGLAS MCCUE U20	1982
26.14	BARRY MILNE	1973
26.12	DUNCAN LAIRD	1976
25.56	TOM SHARP	1985
25.10	EWAN MCGILLVARY	1997
24.53	BILL RAE	1979
24.34	S ARCHIBALD	1991
24.10	ALAN MITCHELL	2008

HAMMER

53.46	ANTHONY IRVING	1995
42.78	JOHN LITTLE	1993
38.39	GRAHAM PORTERFIELD M35	2015
36.72	LEWIS MCINNES	1983
34.66	STUART ANDERSON	1996
30.32	GEORGE LONEY	1986
29.29	KEITH GARROW M40	2014
24.04	DUNCAN LAIRD	1976
22.96	PAT CONNOR	1986
22.26	BOB DALGLEISH	1985
22.25	IAN JACKSON	1974
22.18	TOM SHARP	1986
21.79	WILLIAM MUIR M50	2013
20.88	BRIAN CULLIE	1990
20.79	NORRIE GRIFFITHS	1987
20.54	DAVID HADDOW	1994
19.26	EWAN MCGILLVARY	1997
18.76	S ARCHIBALD	1991
18.62	I RICHARDSON	1975
17.86	KEVIN MCDOWALL	1990

JAVELIN

47.70	DAVID TODD	1993
47.70	SCOTT MCDERMOTT	1995
44.90	FRASER MACDOUGALL U20	1995
43.32	GEORGE LONEY	1989
42.30	FRASER MACDOUGALL M35	2014
36.80	JIM PROVAN	1979
35.30	DAVID HADDOW	1994
34.91	KEVIN MCDOWALL	1990
34.48	ANDY MURRAY	1992
34.42	TOM SHARP	1985
33.89	GRAHAM PORTERFIELD	2014
33.46	ROBERT HOWAT	1995
33.07	ALAN PARTRIDGE	1975
32.65	IAN JACKSON	1975
32.30	JACK LITTLE	1980
32.46	ALAN BAXTER M45	2022
32.16	FRASER WHITE	1978
32.12	D WINTER	1976
31.85	BRIAN SMITH	2001
30.52	BOB DALGLEISH	1986

SHOT PUT

12.97	GEORGE LONEY M40	1998
11.97	JOHN LITTLE	1993
11.83	GRAHAM PORTERFIELD	2014
11.77	KEITH GARROW M40	2014
11.22	GRANT IRWINE U20	1981
10.22	DUNCAN LAIRD	1976
10.17	TOM SHARP	1985
9.83i	SCOTT MCDERMOTT	1995
9.79	IAN SMITHERS	1986
9.70	ANTHONY IRVING	1995
9.24	KENNETH MILLAR	1991
9.20	PAUL MCNAMEE	1989
9.13	CAMPBELL LAMONT	1987
9.01i	WILLIAM MUIR M55	2017
8.93	FRASER MACDOUGALL M35	2015
8.90	EWAN MCGILLVARY	1997
8.86	IAN JACKSON	1975
8.73	S ARCHIBALD	1992
8.72	ROBERT MOODIE	1979
8.68	DOUGLAS MCCUE U20	1982