



EKAC U20 WOMEN TOP 20



60m				400m			
7.92	LAURA MCCRACKEN	2012	57.10	BETH DUFF	2008		
8.01	ARLENE BARR	2012	57.69	L BELL	1996		
8.63	CHLOE MULLIGAN	2017	58.95i	NATALIE MIDDLETON	1999		
9.12i	MADELINE FREW	2024	60.0	KARIN BUCHANAN	1999		
9.67	MEGAN ANDERSON	2018	62.1	SHANNON MCMAHON	2014		
			63.9	DEBORAH STOKOE	2009		
			64.0	SHONA CHALMERS	1987		
			64.78	RACHEL THOMSON	2012		
12.4	CLAIRE ROONEY	2000	65.2	NICOLE SHARP	2016		
12.6	NATALIE MIDDLETON	1999	65.47i	CHLOE MULLIGAN	2017		
13.30	SHANNON MCMAHON	2014	66.6	JENNIFER MAY	2001		
13.3	ALISON QUINN	1987	66.6	JENNIFER WILLIAMS	2001		
13.6	KAINN BUCHANAN	1999	70.10i	MILLIE AITKEN	2022		
13.8	LINDSEY MOUNTAIN	1996	70.1	M ALEXANDER	1988		
13.8	VICTORIA REID	2007	71.6	RHODA MACDOUGALL	1996		
14.12	ZOE HADDOW	2010	72.7	DEBBIE BELL	1996		
14.4	MHAIRI BOYLE	2015	72.7	RACHEL FAIRLIE	2012		
14.5	SHONA CHALMERS	1987	73.2	K MCMILLAN	1993		
14.55	RACHEL THOMSON	2012	73.7	AILEEN MCDONALD	1996		
14.7	JULIE BOYCE	1990	75.0	EMMA FAIRLIE	2012		
14.7	RHODA MACDOUGALL	1996					
14.8	JENNIFER WILLIAMS	2001					
15.16	MEGAN ANDERSON	2018					
15.4	EMMA LIVINGSTONE	2022	2:10.0	800m			
15.6	K LESLIE	1995	2:27.05	BETH DUFF	2008		
15.7	A NEIL	1996	2:29.6	AIMEE ANDERSON	2024		
15.7	CATRIONA CHAPMAN	2008	2:29.6	LIANNE CAMPBELL	1997		
15.8	EMMA FAIRLIE	2012	2:29.8	NATALIE MIDDLETON	1999		
			2:32.1	SHONA CHALMERS	1987		
			2:33.6	DEBORAH STOKOE	2009		
			2:33.6	SHANNON MCMAHON	2014		
22.5	TAYLOR MCNAMARA	2021	2:34.1	SUSAN SMITH	1996		
22.7	EMMA LIVINGSTONE	2021	2:35.8	EMMA LIVINGSTONE	2021		
			2:40.1	MILLIE AITKEN	2023		
			2:43.2	A MCDONALD	1996		
			2:44.2	HOLLY MCANENY	2023		
25.0	CLAIRE ROONEY	2000	2:46.2	JULIE BOYCE	1990		
25.10i	NATALIE MIDDLETON	1999	2:50.35	JULIA DUNN	2018		
25.6	L BELL	1996	2:55.9	TAYLOR MCNAMARA	2021		
26.4	KARIN BUCHANAN	1999	2:56.2	RACHEL FAIRLIE	2012		
27.10	SHANNON MCMAHON	2014	2:54.60	ERIN CHAPMAN	2024		
27.15	BETH DUFF	2008	2:59.6	M ALEXANDER	1988		
28.0	DEBORAH STOKOE	2009	3:07.2	EMMA FAIRLIE	2012		
28.1	FIONA WATT	1986	3:08.7	ABBIE KIRWAN	2023		
28.2	JENNIFER MAY	2001					
28.21	ALISON QUINN	1987					
28.24i	CHLOE MULLIGAN	2017					
29.2	RACHEL THOMSON	2012	3:35.7	1000m			
29.4	JENNIFER WILLIAMS	2000		EMMA LIVINGSTONE	2021		
29.5	TAYLOR MCNAMARA	2021					
29.9	CAIT MINSTER	2023	4:28.56	1500m			
30.4	SUSAN SMITH	1996	4:37.67i	BETH DUFF	2010		
30.5	RHODA MACDOUGALL	1996	5:03.9	HANNAH ANDERSON	2020		
30.6	K LESLIE	1995	5:05..59	DEBORAH STOKOE	2009		
30.8	EMMA LIVINGSTONE	2021	5:29.2	HEATHER ADDISON	2017		
31.13i	MEGAN ANDERSON	2018	5:32.0	KELLY SMITH	1999		
			5:32.7	SHONA CHALMERS	1987		
			5:35.2	SUSAN SMITH	1996		
			5:35.2	EMMA LIVINGSTONE	2021		
42.00	BETH DUFF	2008	6:11.18	ERIN CHAPMAN	2024		
44.29i	CHLOE MULLIGAN	2017	6:26.3	RACHEL FAIRLIE	2012		
46.95	JENNIFER MAY	2002	6:29.9	MORAG SCOTT	1997		
47.03	JENNIFER WILLIAMS	2002	6:47.0	M ALEXANDER	1988		
			9:52.57i	3000m			
			10:32.95	HANNAH ANDERSON	2020		
			12:10.25	HEATHER ADDISON	2017		
			12:25.20	AMY ANDREW	2024		
			13:15.9	EMMA LIVINGSTONE	2023		
			14:28.08	AILEEN MCDONALD	1997		
				ABBIE KIRWAN	2023		
			19:10.14	5000m			
				HEATHER ADDISON	2017		



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	60mH				DISCUS	
11.85	CHLOE MULLIGAN	2017	17.48		K LESLIE	1995
12.10i	MILLIE AITKEN	2023	16.28		SHONA CHALMERS	1987
			14.58		M ALEXANDER	1988
	100mH		14.42		SARAH MCCUSKER	2016
17.8	LINDSEY MOUNTAIN	1996	13.95		JENNIFER WILLIAMS	2001
20.0	DEBBIE BELL	1996	13.84		K MCMILLAN	1993
20.7	KATIE JACKSON	1994	13.60		JULIE BOYCE	1992
21.2	K LESLIE	1995	12.52		AILEEN MCDONALD	1996
21.6	M ALEXANDER	1988				
22.1	A NEIL	1996				
	400mH		18.36		JAVELIN	
70.6	DEBBIE BELL	1996	15.95		ALISON QUINN	1987
74.0	LINDSEY MOUNTAIN	1996	14.82		JENNIFER WILLIAMS	2001
76.58	MILLIE AITKEN	2023	10.32		SHONA CHALMERS	1987
80.3	KATIE JACKSON	1995	9.88		BETH DUFF	2008
81.6	MORAG SCOTT	1997	9.61		JULIE BOYCE	1992
82.17	A NEIL	1997	9.54		MADELINE FREW	2024
			8.64		SUSAN SMITH	1996
			7.15		M ALEXANDER	1988
					MILLIE AITKEN	2023
	2000m S/C				SHOT PUT	
9:04.66	MILLIE AITKEN	2024	6.95		A NEIL	1997
9:53.44	EMMA LIVINGSTONE	2023	6.24		CAIT MINSTER	2023
	HIGH JUMP		6.13		MHAIRI BOYLE	2015
1.25	MADELINE FREW	2024	6.11		IVEWE ZITA	2023
1.20	DEBBIE BELL	1996	6.10		RACHEL THOMSON	2013
1.15	A NEIL	1997	5.71		BETH DUFF	2008
	TRIPLE JUMP		5.70		E MCPHEE	1988
8.97	MADELINE FREW	2024	5.65		ABBIE KIRWAN	2023
7.95	AILEEN MCDONALD	1996	5.59		JENNIFER WILLIAMS	2001
	LONG JUMP		5.40		DEBORAH STOKOE	2009
4.44	MADELINE FREW	2024	5.33		KATIE JACKSON	1995
4.37	A ROSTEK	1991	4.87		HOLLY MCANENY	2023
4.29	VICTORIA REID	2007	4.58		JULIE BOYCE	1990
4.12	K LESLIE	1995	4.55		MILLIE AITKEN	2023
4.11	MHAIRI BOYLE	2015				
3.97	BETH DUFF	2008				
3.88	SHONA CHALMERS	1987				
3.77	ZOE HADDOW	2010				
3.63	RHODA MACDOUGALL	1996				
3.61	MILLIE AITKEN	2023				
3.50	KATIE JACKSON	1995				
3.36	AILEEN MCDONALD	1996				
3.35	CATRIONA CHAPMAN	2009				
3.18	EMMA LIVINGSTONE	2023				
3.14	HOLLYMCANENY	2023				
2.96	ABBIE KIRWAN	2023				
2.48	JULIE BOYCE	1991				