



EKAC U17 WOMEN TOP 20



60m				300m			
7.97	LAURA MCCRACKEN	2011	42.0		CLAIRE ROONEY	1999	
8.11	EILIDH MACDOUGALL	2017	42.84		BETH DUFF	2006	
8.12	JENNA LOW	2004	43.0		KARIN BUCHANAN	1998	
8.16	ARLENE BARR	2010	43.1		NATALIE MIDDLETON	1997	
8.22	L O'CALLAGHAN	1995	43.2		LOUISE O'CALLAGHAN	1995	
8.28	SHANNON MCMAHON	2013	43.61		SHANNON MCMAHON	2013	
8.35	CHLOE MASON	2012	43.70		HANNAH ANDERSON	2019	
8.6	NICOLE SHARP	2014	44.15		CHLOE MASON	2013	
8.70	K MCMILLAN	1992	44.2		NICOLE SHARP	2014	
8.76	CHLOE MULLIGAN	2015	44.5		JENNA LOW	2004	
8.78	CAIT MINSTER	2021	44.88i		CHLOE MULLIGAN U17	2016	
8.81	HANNAH KELLY	2020	44.96		ZOE HADDOW	2009	
8.96	CARA MCANENY	2019	45.3		DEBORAH STOKOE	2008	
8.99	LINDSEY MOUNTAIN	1994	45.5		LYNN WILLIAMSON	1997	
9.01	ZOE HADDOW	2008	45.8		EILIDH MACDOUGALL	2017	
9.03	JESSICA HAGAN	2017	45.99i		LUCY MUIRHEAD	2017	
			46.2		JENNIFER MAY	1999	
			46.2		SARAH MCCUSKER	2014	
			46.36i		NIAMH MACGREGOR	2021	
			46.9		RHODA MACDOUGALL	1994	
			46.9		LINDSEY MOUNTAIN	1995	
100m				400m			
12.4	JILL THAINE	1987			BETH DUFF	2006	
12.4	CLAIRE ROONEY	1999			L MCDONALD	1991	
12.57	JENNA LOW	2004			LIANNE CAMPBELL	1996	
12.57	LAURA MCCRACKEN	2010			SARAH MCCUSKER	2014	
12.8	NATALIE MIDDLETON	1996			HEATHER ADDISON	2016	
13.01	ARLENE BARR	2010	58.7		EMMA LIVINGSTONE	2019	
13.04	SHANNON MCMAHON	2012	63.7		SUSAN SMITH	1993	
13.1	CHLOE MASON	2012	63.8		MILLIE EATHERINGTON	2021	
13.2	LOUISE O'CALLAGHAN	1994	65.02		ELLIE MAE HOGG	2021	
13.22	EILIDH MACDOUGALL	2017	67.60		C MUIR	1987	
13.3	HAZEL WYNN	2001	69.01		E MCPHEE	1988	
13.3	BETH DUFF	2006	69.4		JULIE BOYCE	1988	
13.4	NICOLE SHARP	2014	70.0		CHARLOTTE EVANS	2021	
13.5	LESLEY BUCHANAN	1997	71.1		MILLIE AITKEN	2021	
13.6	K MCMILLAN	1991	71.67				
13.6	JENNIFER MAY	1999	72.1				
13.9	J GARRY	1995	72.4				
13.9	M HUGHES	1995	72.5				
13.9	D ALLAN	1996	73.5				
13.9	VICTORIA REID	2006					
150m				600m			
21.3	CAIT MINSTER	2021	1:36.98		BETH DUFF	2006	
21.8	CARA MCANENY	2021					
22.0	ELLIE MAE HOGG	2021					
23.0	MILLIE AITKEN	2021	2:11.4				
23.8	CHARLOTTE EVANS	2021	2:16.31				
25.7	IVIWE ZITA	2021	2:18.3				
200m				800m			
25.41	CLAIRE ROONEY	1998	2:23.55		BETH DUFF	2006	
26.3	LOUISE O'CALLAGHAN	1995	2:23.73		HANNAH ANDERSON	2019	
26.3	SHANNON MCMAHON	2013	2:24.5		LIANNE CAMPBELL	1996	
26.4	JENNA LOW	2004	2:26.2		DEBORAH STOKOE	2008	
26.6	NATALIE MIDDLETON	1996	2:28.6		AIMEE ANDERSON	2022	
26.65i	EILIDH MACDOUGALL	2017	2:29.8		LUCY MUIRHEAD	2017	
26.7	KARIN BUCHANAN	1998	2:29.97		HEATHER ADDISON	2014	
26.9	ARLENE BARR	2011	2:30.7		SUSAN MCCANN	1987	
26.9	LAURA MCCRACKEN	2011	2:30.8		L MCDONALD	1991	
27.0	CHLOE MASON	2012	2:32.1		RHIANNA DOCHERTY	2022	
27.1	G WALSH	1997	2:32.5		EMMA LIVINGSTONE	2019	
27.1	HAZEL WYNN	2001	2:34.28		RACHEL THOMSON	2009	
27.31i	BETH DUFF	2007	2:34.61		FIONA MCLEISH	1996	
27.58i	NICOLE SHARP	2014	2:34.9		KELLY SMITH	1995	
27.9	JENNIFER MAY	1999	2:32.5		LAURA MOONEY	1998	
27.97	ARLENE BARR	2010	2:34.28		RACHEL WARDROPE	2018	
28.0	M HUGHES	1995	2:34.61		NIAMH MACGREGOR	2021	
28.22	CHLOE MULLIGAN	2015	2:34.9		SUSAN SMITH	1994	
28.3	R MCLEAN	1996	2:36.67		HOLLY MCANENY	2019	
28.4	DEBBIE BELL	1995	2:38.2		AILEEN MCDONALD	1995	
28.4	AILIS CLEMENTS	2007					
			3:57.1		1000m		
					CHARLOTTE EVANS	2021	



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1500m

4:39.03	HANNAH ANDERSON	2019
4:43.8	BETH DUFF	2006
4:53.79	HEATHER ADDISON	2015
4:56.6	DEBORAH STOKOE	2008
4:57.11	LIANNE CAMPBELL	1996
4:57.4	SUSAN PARTRIDGE	1996
4:58.3	SUSAN MCCANN	1987
5:01.1	STEPHANIE WRIGHT	2006
5:03.51	RHIANNA DOCHERTY	2022
5:09.41	AIMEE ANDERSON	2022
5:16.7	FIONA MCLEISH	1995
5:18.5	KELLY SMITH	1996
5:19.46	EMMA LIVINGSTONE	2019
5:20.1	RACHEL THOMSON	2009
5:21.6	AILEEN MCDONALD	1995
5:32.1	KATIE JACKSON	1992
5:32.3	FIONA BORTHWICK	2008
5:36.72	HOLLY MCANENY	2019
5:38.10	AMY ANDREW	2022
5:50.51	RACHEL WARDROPE	2017

3000m

10:03.83i	HANNAH ANDERSON	2019
10:26.4	SUSAN PARTRIDGE	1996
10:57.1	LIANNE CAMPBELL	1996
11:08.90	HEATHER ADDISON	2015
11:13.01	RHIANNA DOCHERTY	2022
11:23.1	SUSAN MCCANN	1987
11:40.5	KELLY SMITH	1996
12:27.75	EMMA LIVINGSTONE	2019
12:29.66	AMY ANDREW	2022
13:06.4	L STEWART	1985

60mH

10.56i	MILLIE AITKEN	2021
11.49i	HANNAH KELLY	2019
12.50i	EMMA LIVINGSTONE	2019

80mH

12.7	MORAG SCOTT	1996
13.2	DEBBIE BELL	1995
13.3	LINDSEY MOUNTAIN	1994
14.01	MILLIE AITKEN	2022
14.1	C SIMPSON	1991
14.15	K RODGERS	1993
14.5	J HENDRY	1990
14.7	D ALLAN	1996
15.18	LYNN MCDOWALL	1988
15.9	RACHEL MCCUSKER	2013
16.0	LAURA MOONEY	1998
16.1	K LESLIE	1994
16.2	KATIE JACKSON	1993
16.2	SARAH MCCUSKER	2013
16.4	L DULLICK	1994
16.6	NATALIE SIMPSON	2008
16.61	EMMA LIVINGSTONE	2019
16.8	L MURRAY	1988

300mH

50.01	DEBBIE BELL	1995
50.3	LINDSEY MOUNTAIN	1995
50.8	MORAG SCOTT	1996
52.50	MILLIE AITKEN	2021
55.0	K RODGERS	1994
61.5	K GRAY	1994
63.4	RHODA MACDOUGALL	1994

400mH

75.9	DEBBIE BELL	1995
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HIGH JUMP

1.72	LESLEY BUCHANAN	1998
1.58	R MCLEAN	1996
1.43	LYNN WILLIAMSON	1997
1.41	LAURA MOONEY	1998
1.35	LYNN MCDOWALL	1988
1.35	C SIMPSON	1991
1.35	LOUISE O'CALLAGHAN	1994
1.35	C MCCORKINDALE	1999
1.30	L MCDONALD	1991
1.25	R O'DOHERTY	1988
1.25	MHAIRI BOYLE	2014
1.20	CATRIONA CHAPMAN	2007
1.20	MHAIRI BOYLE	2013
1.20	ALISHA MONTGOMERY	2013
1.20	TAYLOR MCNAMARA	2019
1.15	KELLY SMITH	1995
1.15	DEBBIE BELL	1995
1.15	CATHERINE LAMBIE	2012
1.15	EMMA LIVINGSTONE	2019

TRIPLE JUMP

9.92	LAURA MCCRACKEN	2011
9.86	KARIN BUCHANAN	1997
9.48	LESLEY BUCHANAN	1997
8.87	SARAH MCCUSKER	2014
8.82	ALISHA MONTGOMERY	2014
7.84	KELLY SMITH	1995

LONG JUMP

5.35	JILL THAINE	1987
4.85	KARIN BUCHANAN	1997
4.61	SARAH MCCUSKER	2014
4.59	JENNA LOW	2005
4.58	MADELIENE FREW	2022
4.48	LAURA MOONEY	1998
4.48	ROBYN MILLER	2010
4.46	K MCMILLAN	1992
4.43	D WILSON	1992
4.38	HEATHER ADDISON	2014
4.23	K RODGERS	1994
4.23	J GARRY	1994
4.20	VICTORIA REID	2006
4.19	LYNN MCDOWALL	1988
4.15	DEBORAH STOKOE	2007
4.14	KATIE JACKSON	1993
4.13	MHAIRI BOYLE	2014
4.07	K LESLIE	1993
3.97	BETH DUFF	2006
3.96	FIONA MCLEISH	1995

POLE VAULT

2.70i	MORGAN MACDOUGALL	2018
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EKAC U17 WOMEN TOP 20



DISCUS			SHOT PUT		
28.83	AILIS CLEMENTS	2008	9.72	AILIS CLEMENTS	2007
20.33	LYNN MCDOWALL	1989	7.79	ALISHA MONTGOMERY	2014
19.35	MORAG SCOTT	1995	7.59	CHLOE MASON	2014
17.84	A LOKEN	1987	7.46	ABBIE KIRWAN	2019
17.68	K LESLIE	1994	7.23	REBECCA RUSSELL	2015
17.13	DEBORAH STOKOE	2007	7.05	MORAG SCOTT	1996
17.01	R MCLEAN	1996	6.80	RHODA MACDOUGALL	1995
16.32	D WILSON	1992	6.57	ERIN CHAPMAN	2022
16.28	A MCLELLAN	1988	6.64i	IVIWE ZITA	2021
16.18	LINDSEY MOUNTAIN	1994	6.51i	TAYLOR MCNAMARA	2019
15.20	K RODGERS	1994	6.40	JENNA LOW	2005
15.10	KATIE JACKSON	1993	6.19	VICTORIA REID	2006
15.06	LIANNE CAMPBELL	1996	6.19	CHLOE MULLIGAN	2016
14.72	JULIE BOYCE	1988	6.06	NATALIE MIDDLETON	1997
14.62	A MCINNES	1996	6.00	LYNN WILLIAMSON	1997
13.78	REBECCA RUSSELL	2016	5.96	LAURA MOONEY	1998
13.42	NATALIE SIMPSON	2008	5.83	DEBORAH STOKOE	2008
13.26	K SHAW	1989	5.75i	OLIVIA CARLIN	2019
12.82	ALISHA MONTGOMERY	2014	5.72	EMMA LIVINGSTONE	2019
12.51	NATALIE MIDDLETON	1996	5.53	K RODGERS	1995
HAMMER			PENTATHLON		
41.52	AILIS CLEMENTS	2008	2276	LAURA MOONEY	1998
JAVELIN			1711	16.0/ 5.96/ 4.48/ 1.41/ 2:32.5	2019
25.04	L MCDONALD	1991	EMMA LIVINGSTONE		
24.91	AILIS CLEMENTS	2007	16.61/5.23/3.71/1.11/2:32.25		
22.76	LYNN MCDOWALL	1988			
16.90	REBECCA RUSSELL	2015			
16.54	MHAIRI BOYLE	2014			
14.70	A LOKEN	1987			
14.10	LUCY O'NEIL	2022			
13.61	VICTORIA REID	2006			
13.46	NATALIE MIDDLETON	1997			
13.30	J MOSTYN	1994			
13.30	LIANNE CAMPBELL	1995			
13.26	DEBORAH STOKOE	2008			
13.19	RACHEL THOMSON	2009			
12.68	NATALIE MIDDLETON	1996			
12.35	BETH ALLAN	2022			
11.86	RACHEL THOMSON	2010			
11.66	M HUGHES	1995			
11.49	ZOE HADDOW	2009			
11.10	BETH DUFF	2007			
10.92	A MCINNES	1995			