



EKAC UNDER 17 MEN TOP 20



60m				300m			
7.24	ALASDAIR MACKENZIE	2002	37.23	LIAM WOODS	2018		
7.25	ROSS MAXWELL	2011					
7.27	GREG KELLY	2015					
7.30	KENNETH MCNAMEE	1987	49.6	400m	DEREK ARCHIBALD	1980	
7.30i	LIAM WOODS	2019	51.0	AIDAN GILBRIDE	2014		
7.33	ANDREW COUTTS	2012	51.48	RYAN CLYDESDALE	2017		
7.38	FRASER HOPKINS	1987	51.6	FRASER WHITE	1975		
7.45	ROSS MURRAY	1999	51.70i	CALLUM FIELD	2015		
7.51	RYAN CLYDESDALE	2016	52.4	ALAN MACBETH	1988		
7.63	COLIN WALKER	1995	53.0	GERRY FEGAN	1988		
7.68	GREGOR THORPE	2008	53.3	JIM AITKEN	1978		
7.68	ROSS MCGILL	2009	53.22	KIERAN RANKIN	2012		
7.69	ANDREW BRENNAN	2007	53.6	KRISS DULLICK	1992		
7.69	SEB CARRICK	2017	53.7	ROBIN ARCHIBALD	1976		
7.74	FRASER MACKENZIE	2002	53.7	IAN MCGREGOR	1991		
7.78	ROSS MORGAN	2009	53.8	STUART RUSSELL	1993		
7.83	NISHANT PURI	2008	53.8	KENNETH SIMPSON	1997		
7.84	SCOTT MCDERMOTT	1992	53.9	JAMIE CLEMENTS	2006		
8.11	JAMES LAMONT	2003	53.94	NICHOLAS COUPLAND	2012		
8.14	SCOTT HONE	2003	53.95	FRASER MACDOUGALL	1993		
			54.2	DUNCAN MCINNES	1994		
			54.3	EWAN MCCORMACK	1990		
				600m			
11.0	JOHN GILLIES	1978		AIDAN GILBRIDE	2013		
11.0	STEPHEN HARRIGAN	1982		JAMIE CLEMENTS	2005		
11.0	FRASER HOPKINS	1988	1:27.4	DAVID GORMAN	2006		
11.06	ALASDAIR MACKENZIE	2002	1:27.5	NIALL WALKER	2005		
11.2	KENNETH MCNAMEE	1987	1:28.56	FRASER MORGAN	2006		
11.25w	GREG KELLY	2015	1:33.3				
11.3	ROBIN ARCHIBALD	1976	1:39.21				
11.3	DEREK ARCHIBALD	1980					
11.3	FRASER MACKENZIE	2002					
11.35	ROSS MAXWELL	2011	1:55.05	800m			
11.4	DAVID CATHIE	1987	1:55.9	ALAN MACBETH	1988		
11.4	ROSS MCGILL	2009	1:56.29	DEREK ARCHIBALD	1979		
11.48	EWAN MCCORMACK	1990	1:59.2	AIDAN GILBRIDE	2014		
11.58	LIAM WOODS	2018	2:00.80i	GERRY FEGAN	1988		
11.6	ROSS MURRAY	1999	2:01.4	JAMIE CLEMENTS	2006		
11.6	NISHANT PURI	2008	2:01.6	ROBERT MCKIM	1974		
11.6	GREGOR THORPE	2008	2:01.8	BOBBY MADDEN	1995		
11.6	RYAN CLYDESDALE	2016	2:02.2	ALAN TRENCH	1969		
11.62	ANDREW COUTTS	2011	2:02.4	DAVID GORMAN	2006		
11.65w	JOSH MAITLAND	2014	2:04.4	ALAN SMITH	1988		
			2:04.4	JAMIE MADDEN	1993		
			2:04.4	NIALL WALKER	2006		
			2:04.5	GORDON REID	1971		
22.5	CAMERON BOND	2021	2:04.5	ROBIN ARCHIBALD	1976		
			2:04.5	FRASER MACDOUGALL	1993		
			2:04.9	CALUM CHARTERS	2022		
			2:04.92	HAMISH ANDERSON	2019		
22.55	GREG KELLY	2015	2:04.92	IAN ARCHIBALD	1977		
22.8	JOHN GILLIES	1978	2:05.1	WILLIE MCDONALD	1976		
22.9	STEPHEN HARRIGAN	1982	2:05.4	BEN STAFFORD	2010		
22.97	RYAN CLYDESDALE	2017	2:05.82				
23.0	ROBIN ARCHIBALD	1976					
23.0	EWAN MCCORMACK	1991					
23.1	DAVID CATHIE	1987					
23.10	FRASER MACKENZIE	2002					
23.2	DEREK ARCHIBALD	1980					
23.2	ALASDAIR MACKENZIE	2002					
23.4	FRASER HOPKINS	1988					
23.4	ROSS MAXWELL	2011					
23.44	CALLUM FIELD	2014					
23.62	LIAM WOODS	2018					
23.66	ALISTER KERR	1998					
23.76	NICHOLAS COUPLAND	2012					
23.8	ANDREW COUTTS	2011					
23.8	JOSH MAITLAND	2014					
23.85w	AIDAN GILBRIDE	2014					
23.9	NISHANT PURI	2008					



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1500m				100mH	
3:54.6	ALAN MACBETH	1988	14.4	GRANT IRWINE	1979
3:59.8	ROBERT MCKIM	1974	14.6	SCOTT HONE	2003
4:07.32	AIDAN GILBRIDE	2014	14.72	CRAIG GILLIES	1981
4:07.84	JAMIE CONNOR	2022	15.2	A MARSHALL	1976
4:09.8	KEVIN MCKENNA	1997	15.3	ROSS GIBSON	1995
4:10.3	IAN ARCHIBALD	1977	15.37	KENNETH MILLER	1988
4:11.8	ALAN SMITH	1989	15.5	S BRAWLEY	1976
4:12.09	HAMISH ANDERSON	2019	15.78	KEVIN MCDOWALL	1987
4:13.0	GERRY FEGAN	1988	16.3	ROBERT MCKIM	1974
4:13.2	BOBBY MADDEN	1995	16.3	ROBERT HOWAT	1991
4:15.5	ALAN TRENCH	1969	16.8	FRASER MACDOUGALL	1993
4:15.64	DAVID GORMAN	2007	16.9	SCOTT MCDERMOTT	1991
4:16.0	WILLIE MCDONALD	1976	16.9	PAUL SNEDDON	1997
4:17.1	MARK MORGAN	1986	17.3	JAMIE MADDEN	1993
4:17.5	ANDY NEWELL	1977	17.3	MARK SHERWOOD	1995
4:20.6	JOHN MACALLISTER	1979	17.5	I BINGHAM	1979
4:22.2	COLIN HENDERSON	1998	17.8	DOUGLAS MCCUE	1980
4:23.2	STEPHEN MATTHEWS	2001	18.0	DEREK MILLER	1992
4:23.5	JAMIE CLEMENTS	2006	18.0	DUNCAN MCINNES	1994
4:23.61	MARTIN LYNAS	2015	18.2	M MOWAT	1976
3000m				1500m S/C	
8:49.9	RICHARD MCKIRDY	1981	4:33.51	KEVIN MCKENNA	1997
8:55.6	IAN TIERNEY	1986	4:43.05	BOBBY MADDEN	1995
9:06.0	ROBERT MCKIM	1974	4:44.8	MARK MORGAN	1986
9:06.0	WILLIE MCDONALD	1976	4:50.6	JAMIE MADDEN	1993
9:11.0	MARK SWEENEY	1973	4:57.48	CALUM CHARTERS	2022
9:13.7	KEVIN MCKENNA	1997	5:00.0	ALAN MITCHELL	1995
9:27.34	MARTIN LYNAS	2014	5:01.5	ALAN SMITH	1988
9:32.1	BOBBY MADDEN	1995	5:04.4	CAMERON CLEMENT	1993
9:32.5	MARK MORGAN	1986	5:08.0	RONNIE BIAS	1977
9:38.2	COLIN HENDERSON	1998	5:13.6	WILLIE MCDONALD	1974
9:38.70	STEPHEN MATTHEWS	2001	5:33.6	MARK SHERWOOD	1994
9:39.??	GRAEME CASKIE	2002			
9:40.61i	HAMISH ANDERSON	2019			
9:44.0	ANDY NEWELL	1977	6:11.8	2000mS/C	
9:45.6	ALAN MITCHELL	1995	6:29.0	ROBERT MCKIM	1974
9:47.4	CAMERON CLEMENT	1993	6:31.1	WILLIE MCDONALD	1976
9:51.2	JAMIE MADDEN	1993	6:30.0	MARK MORGAN	1986
9:52.02	JAMIE CONNOR	2022	6:34.9	JOHN MACALLISTER	1979
9:53.4	CRAIG CLEMENTS	1987	6:35.0	ANDY NEWELL	1978
9:55.4	IAN ARCHIBALD	1976	6:35.0	ALAN SMITH	1988
			6:55.0	IAN ARCHIBALD	1976
			7:06.5	RONNIE BIAS	1976
			7:06.6	D CONNOLLY	1977
16:02.8	5000m		7:11.8	JIM PROVAN	1975
	IAN TIERNEY	1986	7:17.9	KRISS DULLICK	1992
			7:19.7	SCOTT MCDERMOTT	1992
8.83 i	60mH		7:25.3	CRAIG CLEMENTS	1986
9.45 i	ROSS GIBSON	1996	7:35.2	BRIAN O`NEILL	1987
10.42 i	SCOTT HONE	2003	7:36.7	PAUL CAMPBELL	1987
	PAUL SNEDDON	1997	7:38.0	DAVID RAE	1979
			7:39.0	R MARSHALL	1976
	400mH		8:25.0	IAN GARDINER	1977
57.7	KEVIN MCKENNA	1997			
65.2	DOUGLAS MCCUE	1980			
72.26	PAUL SNEDDON	1997			



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HIGH JUMP

1.90i	DUNCAN MCINNES	1995
1.83	DOUGLAS MCCUE	1980
1.81	DAVID GORMLEY	1987
1.80	CRAIG GILLIES	1982
1.80i	ALISTER KERR	1998
1.80	SCOTT HONE	2003
1.79i	ROSS GIBSON	1996
1.76	ROBERT MOODIE	1978
1.75	GRANT IRWINE	1979
1.75	CRAIG GILLIES	1981
1.75	CAMPBELL LAMONT	1985
1.75	MARK ELLIOTT	1996
1.71	SCOTT MCDERMOTT	1992
1.70	BEN MCKENNA	1976
1.70	SCOTT HONE	2003
1.65	SI MITCHELL	1985
1.60	IAN MCGREGOR	1991
1.60	FRASER MACDOUGALL	1993
1.60	BOBBY MADDEN	1995
1.53	CAMERON CLEMENT	1993

LONG JUMP

6.60	DAVID GORMLEY	1988
6.50	ROSS MAXWELL	2011
6.45	FRASER HOPKINS	1988
6.39	BEN MCKENNA	1976
6.33	CRAIG GILLIES	1982
6.12	GRANT IRWINE	1979
6.05	IAN MCGREGOR	1991
6.05 i	ROSS GIBSON	1996
5.94	ROBERT MOODIE	1978
5.94	DOUGLAS MCCUE	1980
5.88	GREGOR THORPE	2008
5.80	DEREK ARCHIBALD	1980
5.80	SCOTT MCDERMOTT	1992
5.78	KENNETH MILLER	1988
5.72	COLIN WALKER	1994
5.72	SCOTT HONE	2004
5.69	ROBIN ARCHIBALD	1976
5.60	EWAN MCCORMACK	1992
5.56	DUNCAN MCINNES	1994
5.55	DEREK MILLER	1991

TRIPLE JUMP

13.25	DAVID GORMLEY	1988
13.06	SCOTT HONE	2004
12.60	GORDON IRWINE	1982
12.59	GRANT IRWINE	1979
12.39	ROBERT MOODIE	1978
12.15	CRAIG GILLIES	1982
12.02	ROBIN ARCHIBALD	1976
11.93	DEREK ARCHIBALD	1979
11.82	DOUGLAS MCCUE	1980
11.63	SCOTT MCDERMOTT	1992
11.61	KENNETH MILLER	1988
11.54	JAMIE MADDEN	1993
11.34	CAMPBELL LAMONT	1985
11.10	ALAN MACBETH	1987
11.03	MARK BROWN	1988
11.01	JAMES RUSSELL	1995
11.09	L CHRISTIE	1977
10.93	AMIT KUMAR	2014
10.87	DEREK MILLER	1992
10.79	ROSS GIBSON	1995

POLE VAULT

3.30	ROSS GIBSON	1996
3.10	DAVID GORMLEY	1987
3.10	KEVIN MCDOWALL	1987
3.00	GRANT IRWINE	1979
2.70i	SCOTT MCDERMOTT	1992
2.60	KENNETH MILLER	1988
2.50	FRASER MACDOUGALL	1993
2.40	MARK SHERWOOD	1994
2.30	ROBERT MOODIE	1978
1.90	STEVEN COKE	1997
1.90	PAUL SNEDDON	1997

DISCUS

41.34	GORDON IRWINE	1981
32.88	FRASER MACDOUGALL	1993
31.84	GRANT IRWINE	1979
31.66	SCOTT MCDERMOTT	1992
29.56	STEVEN COKE	1997
28.56	KEVIN MCDOWALL	1987
28.50	MARK BROWN	1988
27.54	DOUGLAS MCCUE	1980
27.44	ROSS GIBSON	1996
27.06	KEVIN JENKINS	1986
26.64	JOHN MITCHELL	1990
25.56	A MARSHALL	1976
24.96	MARK SHERWOOD	1994
24.78	I AULD	1979
24.12	ALAN MORAN	1980
23.47	JOSH MAITLAND	2014
23.23	ROBERT MOODIE	1978
23.14	ROBERT HOWAT	1991
22.74	JOHN MCGREGOR	1987
22.44	IAN ARCHIBALD	1977

HAMMER

35.48	STUART MUIR	2009
33.20	DECLAN GORMAN	2007
32.17	KEVIN JENKINS	1986
28.50	ANDREW MATHIESON	1982
25.42	SCOTT MCDERMOTT	1992
25.30	KENNETH MILLER	1988
24.44	ROSS GIBSON	1996
22.00	DEREK MILLER	1992
20.39	STEVEN COKE	1997
16.90	FRASER MCKENZIE	2001
14.90	NIALL WALKER	2005
13.82	JAMES RUSSELL	1994
13.67	R MCCREATH	1989
12.44	JAMIE MADDEN	1993
11.84	GRAEME KEDDIE	1994
6.66	CAMERON CLEMENT	1993



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JAVELIN			SHOT PUT		
46.50	FRASER MACDOUGALL	1993	14.41	GRANT IRWINE	1979
42.46	SCOTT MCDERMOTT	1992	13.81	GORDON IRWINE	1981
41.08	ROSS GIBSON	1996	13.66	A BULLOCH	1978
40.02	CAMPBELL LAMONT	1985	12.27	KEVIN JENKINS	1986
36.82	JOSH MAITLAND	2014	11.97	ROSS GIBSON	1996
34.76	DAVID STEEL	1987	11.84	ANDREW MATHIESON	1982
34.30	MARK SHERWOOD	1995	11.50	ROBERT MOODIE	1978
33.70	STEVEN LITTLEWOOD	1989	11.25	A MORAN	1980
32.66	MARK BROWN	1988	11.25	DEREK MILLER	1992
32.58	ROBERT HOWAT	1991	10.62	KENNETH MILLER	1988
32.04	STEVEN COKE	1996	10.41	I AULD	1979
30.36	KEVIN MCDOWALL	1987	10.15	SCOTT MCDERMOTT	1992
30.20	FRASER WHITE	1975	10.14	STUART GRAY	1995
29.92	ROBERT MOODIE	1977	9.45	STEVEN COKE	1997
29.30	COLIN WALKER	1994	9.35	E RITCHIE	1976
27.77	KENNETH MILLER	1988	9.32	ROSS MAXWELL	2011
27.26	S BRAWLEY	1976	9.28	STEVEN WHYTE	1997
27.08	STEVEN WHYTE	1997	9.16	PAUL BROOKS	2008
26.98	ALAN SMITH	1988	9.12	EWAN MCCORMACK	1990
25.99	RYAN CLYDESDALE	2017	9.09	ROBERT MCKIM	1974