



EKAC U20 WOMEN TOP 20



60m				400m			
7.92	LAURA MCCRACKEN	2012	57.10	BETH DUFF	2008		
8.01	ARLENE BARR	2012	57.69	L BELL	1996		
8.63	CHLOE MULLIGAN	2017	58.95i	NATALIE MIDDLETON	1999		
9.67	MEGAN ANDERSON	2018	60.0	KARIN BUCHANAN	1999		
			62.1	SHANNON MCMAHON	2014		
			63.9	DEBORAH STOKOE	2009		
			64.0	SHONA CHALMERS	1987		
12.4	CLAIRE ROONEY	2000	64.78	RACHEL THOMSON	2012		
12.6	NATALIE MIDDLETON	1999	65.2	NICOLE SHARP	2016		
13.30	SHANNON MCMAHON	2014	65.47i	CHLOE MULLIGAN	2017		
13.3	ALISON QUINN	1987	66.6	JENNIFER MAY	2001		
13.6	KAINN BUCHANAN	1999	66.6	JENNIFER WILLIAMS	2001		
13.8	LINDSEY MOUNTAIN	1996	70.1	M ALEXANDER	1988		
13.8	VICTORIA REID	2007	71.6	RHODA MACDOUGALL	1996		
14.12	ZOE HADDOW	2010	72.7	DEBBIE BELL	1996		
14.4	MHAIRI BOYLE	2015	72.7	RACHEL FAIRLIE	2012		
14.5	SHONA CHALMERS	1987	73.2	K MCMILLAN	1993		
14.55	RACHEL THOMSON	2012	73.7	AILEEN MCDONALD	1996		
14.7	JULIE BOYCE	1990	75.0	EMMA FAIRLIE	2012		
14.7	RHODA MACDOUGALL	1996	75.1	A NEIL	1997		
14.8	JENNIFER WILLIAMS	2001					
15.16	MEGAN ANDERSON	2018					
15.6	K LESLIE	1995					
15.7	A NEIL	1996	2:10.0	800m			
15.7	CATRIONA CHAPMAN	2008	2:29.6	BETH DUFF	2008		
15.8	EMMA FAIRLIE	2012	2:29.6	LIANNE CAMPBELL	1997		
			2:29.6	NATALIE MIDDLETON	1999		
			2:29.8	SHONA CHALMERS	1987		
			2:32.1	DEBORAH STOKOE	2009		
			2:33.6	SHANNON MCMAHON	2014		
22.5	TAYLOR MCNAMARA	2021	2:34.1	SUSAN SMITH	1996		
22.7	EMMA LIVINGSTONE	2021	2:35.8	EMMA LIVINGSTONE	2021		
			2:43.2	A MCDONALD	1996		
			2:46.2	JULIE BOYCE	1990		
25.0	CLAIRE ROONEY	2000	2:50.35	JULIA DUNN	2018		
25.10i	NATALIE MIDDLETON	1999	2:55.9	TAYLOR MCNAMARA	2021		
25.6	L BELL	1996	2:56.2	RACHEL FAIRLIE	2012		
26.4	KARIN BUCHANAN	1999	2:59.6	M ALEXANDER	1988		
27.10	SHANNON MCMAHON	2014	3:07.2	EMMA FAIRLIE	2012		
27.15	BETH DUFF	2008					
28.0	DEBORAH STOKOE	2009					
28.1	FIONA WATT	1986		1000m			
28.2	JENNIFER MAY	2001	3:35.7	EMMA LIVINGSTONE	2021		
28.21	ALISON QUINN	1987					
28.24i	CHLOE MULLIGAN	2017					
29.2	RACHEL THOMSON	2012	4:28.56	1500m			
29.4	JENNIFER WILLIAMS	2000	4:37.67i	BETH DUFF	2010		
29.5	TAYLOR MACNAMARA	2021	5:03.9	HANNAH ANDERSON	2020		
30.4	SUSAN SMITH	1996	5:05..59	DEBORAH STOKOE	2009		
30.5	RHODA MACDOUGALL	1996	5:29.2	HEATHER ADDISON	2017		
30.6	K LESLIE	1995	5:32.0	KELLY SMITH	1999		
30.8	EMMA LIVINGSTONE	2021	5:32.7	SHONA CHALMERS	1987		
31.13i	MEGAN ANDERSON	2018	5:35.2	SUSAN SMITH	1996		
31.4	CATRIONA CHAPMAN	2009	6:26.3	EMMA LIVINGSTONE	2021		
			6:29.9	RACHEL FAIRLIE	2012		
			6:47.0	MORAG SCOTT	1997		
				M ALEXANDER	1988		
				3000m			
42.00	BETH DUFF	2008	9:52.57i	HANNAH ANDERSON	2020		
44.29i	CHLOE MULLIGAN	2017	10:32.95	HEATHER ADDISON	2017		
46.95	JENNIFER MAY	2002	12:31.6	EMMA LIVINGSTONE	2021		
47.03	JENNIFER WILLIAMS	2002	13:15.9	AILEEN MCDONALD	1997		
				5000m			
			19:10.14	HEATHER ADDISON	2017		



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	60mH				DISCUS	
11.85	CHLOE MULLIGAN	2017	17.48		K LESLIE	1995
			16.28		SHONA CHALMERS	1987
			14.58		M ALEXANDER	1988
17.8	100mH		14.42		SARAH MCCUSKER	2016
20.0	LINDSEY MOUNTAIN	1996	13.95		JENNIFER WILLIAMS	2001
20.7	DEBBIE BELL	1996	13.84		K MCMILLAN	1993
21.2	KATIE JACKSON	1994	13.60		JULIE BOYCE	1992
21.6	K LESLIE	1995	12.52		AILEEN MCDONALD	1996
21.6	M ALEXANDER	1988				
22.1	A NEIL	1996				
					JAVELIN	
	400mH		18.36		ALISON QUINN	1987
70.6	DEBBIE BELL	1996	15.95		JENNIFER WILLIAMS	2001
74.0	LINDSEY MOUNTAIN	1996	14.82		SHONA CHALMERS	1987
80.3	KATIE JACKSON	1995	10.32		BETH DUFF	2008
81.6	MORAG SCOTT	1997	9.88		JULIE BOYCE	1992
82.17	A NEIL	1997	9.54		SUSAN SMITH	1996
			8.64		M ALEXANDER	1988
	HIGH JUMP				SHOT PUT	
1.20	DEBBIE BELL	1996			A NEIL	1997
1.15	A NEIL	1997	6.95		MHAIRI BOYLE	2015
			6.13		RACHEL THOMSON	2013
	TRIPLE JUMP		6.10		BETH DUFF	2008
7.95	AILEEN MCDONALD	1996	5.71		E MCPHEE	1988
			5.70		JENNIFER WILLIAMS	2001
	LONG JUMP		5.59		DEBORAH STOKOE	2009
4.37	A ROSTEK	1991	5.40		KATIE JACKSON	1995
4.29	VICTORIA REID	2007	5.33		JULIE BOYCE	1990
4.12	K LESLIE	1995	4.58			
4.11	MHAIRI BOYLE	2015				
3.97	BETH DUFF	2008				
3.88	SHONA CHALMERS	1987				
3.77	ZOE HADDOW	2010				
3.63	RHODA MACDOUGALL	1996				
3.50	KATIE JACKSON	1995				
3.36	AILEEN MCDONALD	1996				
3.35	CATRIONA CHAPMAN	2009				
2.48	JULIE BOYCE	1991				