



# EKAC MALE TOP 20



## 60m

6.91	STEPHEN SHANKS	1995
7.02	ALASDAIR MACKENZIE U20	2003
7.02	GREG KELLY U20	2018
7.08	FRASER MACKENZIE U20	2003
7.1	DAVID GILMOUR U20	1989
7.11	FRASER MACDOUGALL U20	1997
7.2	IAN HAMILTON	1986
7.27	GREG KELLY U17	2015
7.29	PETER DENHOLM	2009
7.30	KENNETH MACNAMEE U17	1987
7.30i	LIAM WOODS U17	2019
7.3	PAUL MCNAMEE	1985
7.3	DAVID BALLANTYNE	1993
7.37	EWAN MACCORMACK U20	1993
7.38	FRASER HOPKINS U17	1987
7.42	ANDY MURRAY	1991
7.43	GRAEME PORTERFIELD	1999
7.43	GREGOR THORPE U20	2009
7.45	ROSS MURRAY U17	1999
7.45	DAVID GILMOUR M35	2006

## 100m

10.62	GREG KELLY	2021
10.7	JOHN GILLIES	1981
10.7	FRASER MACKENZIE	2007
10.7	GREG KELLY U20	2018
10.8	STEPHEN SHANKS	1995
10.9	JOHN TONER	1973
11.0	STEVEN HARRIGAN U17	1982
11.0	FRASER HOPKINS U17	1988
11.0	DAVID GILMOUR U20	1989
11.1	GEORGE LONEY	1976
11.1	ROBIN ARCHIBALD	1977
11.11	ALASDAIR MACKENZIE U20	2003
11.14	FRASER MACDOUGALL U20	1996
11.2	ALAN CORD	1977
11.2	BEN MCKENNA	1977
11.2	IAN HAMILTON	1986
11.2	DAVID BALLANTYNE	1993
11.2	DAVID CATHIE	1993
11.2	KENNETH MACNAMEE U17	1987
11.3	DEREK ARCHIBALD U17	1980
11.3	ANDY MURRAY	1990
11.3	G WELSH	1995

## 150m

16.05	GREG KELLY	2020
19.5	JACK KIRWAN	2021
20.8	VINCENT GLENNON M45	2021
21.1	JAMIE CLEMENTS	2021
22.6	GERRY O'NEIL M45	2021
23.0	KEITH CHARTERS M55	2021
23.2	JOHN PAUL CONNOR M40	2021

## 200m

21.41 +2.6	GREG KELLY U23	2021
21.68	GREG KELLY U20	2018
21.72	STEPHEN SHANKS	1995
21.98	FRASER MACKENZIE	2006
22.14	DAVID GILMOUR	1994
22.2	JOHN GILLIES	1981
22.28	FRASER MACKENZIE U20	2005
22.33w	ALASDAIR MACKENZIE U20	2003
22.4	G WELSH	1995
22.5	ALAN CORD	1977
22.5	IAN HAMILTON	1986
22.5	DAVID BALLANTYNE	1993
22.5	FRASER MACDOUGALL U20	1995
22.55	GREG KELLY U17	2015
22.6	JOHN TONER	1975

## 200m cont.

22.6	DAVID CATHIE U20	1988
22.6	ALASDAIR MACKENZIE	2007
22.7	ROBIN ARCHIBALD	1977
22.8	JOHN GILLIES U17	1978
22.8	RONNIE MONCRIEFF	1978
22.8	PAUL MCNAMEE	1986

## 300m

34.98	DAVID GILMOUR	1994
36.25	ANDREW McLEAN	1994
37.23	LIAM WOODS U17	2018
39.3	JAMIE CLEMENTS U20	2006
40.39	RYAN CLYDESDALE U15	2015
41.55	LIAM WOODS U15	2017
42.95i	CALUM HOPKINS	2016
43.61	CALUM FIELD U15	2013

## 400m

48.05	DAVID GILMOUR	1991
48.61	ALASDAIR MACKENZIE U20	2004
49.0	ALAN CORD	1980
49.5	ALAN CAMERON	1994
49.6	DEREK ARCHIBALD U17	1980
50.1	FRASER WHITE	1978
50.13i	AIDAN GILBRIDE U20	2016
50.33	GREG KELLY U20	2016
50.4	JACK LITTLE	1977
50.44i	DAVID BALLANTYNE	1995
50.62	DAVID CATHIE	1991
50.9	TONY LINFORD	1988
50.9	KRISS DULLICK U20	1994
51.1	JAMIE CLEMENTS U20	2008
51.3	JOHN TONER	1978
51.3	IAN ARCHIBALD U20	1980
51.48	RYAN CLYDESDALE U17	2017
51.5	KEVIN WOODS U20	1992
51.6	IAN NEELY	1995
51.67i	FRASER MACDOUGALL	1996

## 600m

1:22.88	AIDAN GILBRIDE U20	2016
1:27.4	AIDAN GILBRIDE U17	2013
1:27.5	JAMIE CLEMENTS U17	2005
1:28.56	DAVID GORMAN U17	2006
1:30.32	NIALL WALKER U20	2006
1:33.1	GORDON COLVIN	?
1:33.5	DAVID GORMAN U15	2005
1:39.21	FRASER MORGAN U17	2006
1:52.16	GEORGE MCKENZIE U13	2016
1:53.23i	RYAN MCNAMARA U11	2018
1:54.3	ELLIOT BAIN U11	2013
1:54.5	EUAN THORPE U11	2019
1:54.64	BEN BAILLIE U11	2019
1:55.1	OWEN SELFRIDGE U11	2013
1:55.33	SAM DOW U11	2016
1:57.1	ROSS HAMILTON U11	2014
1:57.20	NATHAN YARDLEY U11	2016
1:57.57	SAM HOSIE U11	2016
1:59.3	RYAN BYRNE U11	2017
2:01.2	CAMERON MACDONALD U11	2014

## 1000m

2:39.4	GRANT BAILLIE M40	2021
2:39.9	LUKE KIRWAN	2021
2:56.7	JAMIE CLEMENTS	2021
3:02.4	JACK KIRWAN	2021
3:44.2	MICHAEL CARLIN M40	2021



# EKAC MALE TOP 20



## 800m

1:50.42	IAN ARCHIBALD U20	1980
1:51.8	KEVIN TAYLER	1978
1:52.87i	AIDAN GILBRIDE U20	2016
1:52.96	ALAN MACBETH U20	1989
1:53.6	TONY LINFORD	1987
1:53.7	KEVIN DOWNIE	1993
1:54.72	MATT KLOIBER	1994
1:54.97	IAN ARCHIBALD	1987
1:55.0	ROBERT MCKIM	1979
1:55.6	ALAN TRENCH	1975
1:55.9	DEREK ARCHIBALD U17	1980
1:56.0	JAMIE CLEMENTS U20	2008
1:56.4	KEVIN WOODS	1994
1:56.7	GRAEME CROLL	1988
1:57.3	ALEX MCINDOE	1989
1:57.4	COLIN GRANT	1984
1:57.5	GORDON REID	1975
1:57.7	GRANT BAILLIE	2008
1:57.8	HUGH WILSON	1978
1:58.0	FRASER WHITE	1978

## 5000m

14:02.0	IAN CAMPBELL	1985
14:25.4	ALAN PARTRIDGE	1977
14:33.4	IAN ARCHIBALD	1982
14:42.	KEVIN TAYLER	1977
14:57.9	GRAEME CROLL	1987
15:00.0	ROBERT MCKIM	1979
15:00.0	HUGH WILSON	1979
15:00.6	PAUL MCCORMACK	1993
15:04.6	ANDY NEAL	1974
15:05.4	GRAEME HADDOW	1982
15:05.6	JOHN MACALLISTER	1985
15:10.05	AIDAN GILBRIDE U20	2016
15:13.6	BOBBY RONALD	1987
15:22.4	ALAN MCLELLAN	1991
15:23.8	CHARLIE MACDOUGALL	1981
15:24.0	IAN TIERNEY U20	1988
15:24.2	GORDON COLVIN	1987
15:24.60	JOHN FERGUSSON	2018
15:30.27	GEORGE IRVING	1987
15:34.33	MARTIN LYNAS U23	2018

## 1500m

3:42.39	IAN ARCHIBALD	1983
3:48.3	KEVIN TAYLER	1977
3:49.2	KEVIN DOWNIE	1993
3:53.09	ALAN MACBETH	1993
3:54.6	HUGH WILSON	1979
3:54.7	ROBERT MCKIM	1978
3:54.8	GRAEME CROLL	1988
3:55.99	PAUL MCCORMACK	1993
3:57.1	BRUCE LEWIS	1992
3:57.5	IAN CAMPBELL	1985
3:57.51	AIDAN GILBRIDE U20	2016
3:58.61	ALEX MCINDOE	1989
3:59.3	RICHARD MCKIRDY U20	1982
3:59.6	ALAN PARTRIDGE	1977
4:00.21	GRAEME HADDOW	1983
4:02.3	IAN TIERNEY U20	1987
4:03.43	GEORGE IRVING	1985
4:04.5	COLIN GRANT U20	1983
4:05.6	GORDON REID U20	1972
4:06.6	MARTIN DUTHIE	1994

## 10000m

29:51.67	IAN CAMPBELL	1984
29:57.	IAN ARCHIBALD	1985
30:39.7	ALAN PARTRIDGE	1977
31:42.09	BOBBY RONALD	1989
32:07.	HUGH WILSON	19??
32:15.	DAVID WATT	1983
32:20.9	GRAEME HADDOW	1989
32:27.2	JOHN MCMILLAN	1993
33:09.58	JAMIE CLEMENTS	2018
33:16.17	MARTIN LYNAS U23	2018
33:48.47	MARTIN DUTHIE	1994
33:53.88	BOBBY RONALD M40	1997
33:55.	ANDY NEAL	1973
34:11.7	GORDON COLVIN	1994
34:13.3	DAVID CONDRA	1997
34:30	GEORGE BLACK	1982
34:35.7	GERRY REID	1990
34:47.9	ALAN DERRICK	1995
35:01.4	DAVID MORRISON	1989
35:13.9	JAMIE SCOTT	1990

## 3000m

8:02.92i	IAN ARCHIBALD	1983
8:27.0	IAN CAMPBELL	1979
8:28.5	KEVIN DOWNIE	1993
8:28.8	GRAEME CROLL	1988
8:29.5	KEVIN TAYLER	1977
8:29.6	PAUL MCCORMACK	1992
8:35.0	ALAN PARTRIDGE	1977
8:43.6	HUGH WILSON	1980
8:44.3	BRUCE LEWIS	1992
8:46.8	IAN TIERNEY U20	1988
8:47.0	COLIN GRANT U20	1983
8:48.0	JOHN MACALLISTER	1985
8:48.6	DARYL REID	2021
8:49.9	RICHARD MCKIRDY U17	1981
8:50.0	GRAEME HADDOW	1986
8:50.0	BOBBY RONALD	1986
8:51.0	ROBERT MCKIM U20	1976
8:51.3	GORDON COLVIN	1987
8:52.88	JOHN FERGUSSON	2018
8:56.0	RALPH RIACH	1982

## 110mH

15.9	ROBERT MOODIE	1981
16.6	SCOTT MCDERMOTT	1995
16.77	IAN NEELY	1995
17.6	DAVID GORMLEY	1993
18.0	GEORGE LONEY	1980
18.52	DOUGLAS MCCUE U20	1982
18.8	JACK LITTLE	1980
18.9	ALAN WATSON	1973
19.48	AMIT KUMAR	2018
19.5	ANDY MCLEAN	1994
19.9	JIM CUMMINGS	1987
20.1	PAUL MCNAMEE	1987
20.1	ANDY MURRAY	1992
20.4	ANDY NEAL	1975
20.7	ALAN MITCHELL	2006
21.3	MARK PROVAN	1989
21.37	COLIN FREW	2019
21.6	DEREK BELL	1997
21.7	CHARLIE LELEUX	1991
22.6	GRANT BAILLIE	2005



# EKAC MALE TOP 20



## 400mH

54.1	IAN NEELY	1996	2:22.06
56.0	ANDY MCLEAN	1995	2:22.30
60.0	ROBERT HOWAT	1995	2:25.27
60.1	ROBERT MCKIM	1977	2:30.50
60.3	BEN MCKENNA	1977	2:31.53
60.4	GEORGE LONEY	1979	2:36.49
61.0	CAMERON CLEMENT	1997	2:37.07
61.2	JACK LITTLE	1979	2:37.55
61.74	JIM CUMMINGS	1987	2:38.11
61.8	ALAN MACBETH	1991	2:38.19
62.1	GRAEME CROLL	1988	2:38.20
63.8	ANDY NEAL	1975	2:39.18
64.2	CHARLIE LELEUX	1993	2:39.25
65.1	ALAN MITCHELL	2006	2:39.25
66.3	PAUL MCCAHERN	1990	2:42.48
66.3	BOBBY MADDEN	2008	2:45.20
67.1	PAUL MCNAMEE	1988	2:46.13
67.6	J DUNCAN	1979	2:46.40
68.5	BRIAN HOUSTON	1975	2:47.31
68.6	DAVID BALLANTYNE	1995	2:47.40

## MARATHON

CHARLIE MACDOUGALL	1983
ALAN PARTRIDGE	1982
BOBBY RONALD	1986
GEORGE BLACK	1982
HUGH WILSON	19??
ANDY NEAL	1974
GAVIN MCKIRDY	1980
DAVID WATT	1984
GERRY REID	1985
GRANT BAILLIE M35	2017
DARYL REID	2019
BRIAN GRASSOM	1982
GORDON COLVIN	1984
ALEX THOMSON	1985
DAVID EDWARDS	1985
ANDY HENDERSON	1983
LES HILL	1986
BILL RAE	1980
JIMMY MOORE	1981
DAVID MCKIRDY	1983

## 3000m S/C

8:51.11	GRAEME CROLL	1988	2.05 i
8:53.5	ROBERT MCKIM	1978	1.94i
9:15.8	GEORGE SKINNER	1968	1.90
9:17.51	KEVIN DOWNIE	1994	1.85
9:29.4	ALAN PARTRIDGE	1975	1.85
9:44.2	ANDY NEAL	1976	1.85
9:47.23	GRANT BAILLIE	2006	1.85
9:49.2	B GARDINER	1972	1.85
9:51.7	ALAN SMITH	1992	1.85 i
9:53.6	WILLIE MCDONALD	1978	1.85
9:56.0	IAN ARCHIBALD U20	1980	1.84
9:59.13	KENNY CLEMENTS	1983	1.80
10:10.0	GRAEME HADDOW	1983	1.80
10:11.6	MARTIN DALE	1994	1.79 i
10:17.7	CAMERON CLEMENT U20	1996	1.78
10:19.6	JACK LITTLE	1978	1.75
10:21.2	IAN SINCLAIR	1975	1.75
10:21.3	GRANT BAILLIE	2005	1.75
10:27.1	JOHN SIMPSON	1979	1.75
10:29.2	NEIL SHARPE	1991	1.75

## HIGH JUMP

DUNCAN MCINNESS U20	1997
AMIT KUMAR	2020
MARK ELLIOTT U20	1997
IAN JACKSON	19??
DOUGLAS MCCUE U20	1981
CAMPBELL LAMONT	1988
DAVID GORMLEY	1991
SCOTT MCDERMOTT U20	1994
ALASTAIR KERR U20	2000
SCOTT HONE U20	2005
GRANT IRWINE U20	1981
CRAIG GILLIES U17	1982
SCOTT HONE U17	2003
ROSS GIBSON U17	1996
ROBERT MOODIE U20	1980
ALAN WATSON	1973
BEN MCKENNA	1976
GEORGE LONEY	1979
TONY LINFORD	1988
KEVIN WOODS	1994

## 1/2 MARATHON

68.02	GRAEME CROLL	1988	6.81
69.13	GRANT BAILLIE M40	2020	6.72
69.22	BOBBY RONALD	1986	6.66
69.53	JOHN MCMILLAN	1993	6.50
70.43	GORDON COLVIN	1987	6.50
70.58	HUGH WILSON	1987	6.45
71.02	GRAEME HADDOW	1988	6.43
71.58	GEORGE BLACK	1986	6.39
73.54	DAVID CONDRA	1996	6.33
74.00	LES HILL	1988	6.33
74.01	DARYL REID	2019	6.28
76.03	ALEX THOMSON	1985	6.21
77.13	RICKY GIBSON	1984	6.14
78.13	DAVID MCKIRDY	1983	6.10
80.06	HUGH TURNER	1985	6.05
80.31	ALAN HILL	1987	6.05
80.36	BILL SMITH	1986	6.05 i
81.50	ALAN COWAN	1986	6.00
82.48	GAVIN MCKIRDY	1982	5.94
83.38	DREW TURNBULL	1985	5.89

## LONG JUMP

DAVID GORMLEY	1993
BEN MCKENNA	1977
SCOTT MCDERMOTT U20	1994
GRANT IRWINE U20	1981
DOUGLAS MCCUE U20	1982
FRASER HOPKINS U17	1988
ALAN WATSON	1973
IAN JACKSON	1972
CRAIG GILLIES U17	1982
ROSS MAXWELL U15	2010
ROBERT MOODIE	1982
GEORGE LONEY	1985
AMIT KUMAR U20	2019
SCOTT HONE U20	2006
ROBIN ARCHIBALD U20	1977
IAN MCGREGOR U17	1991
ROSS GIBSON U17	1996
JOHN GILLIES U20	1980
ROBERT HOWAT	1995
PAUL MCNAMEE	1987



# EKAC MALE TOP 20



## TRIPLE JUMP

13.25	DAVID GORMLEY U17	1988
13.22	IAN JACKSON	1972
13.11	FRASER HOPKINS U15	1987
13.06	G MURRAY	1964
13.06	SCOTT HONE U17	2004
12.88	GRANT IRWINE U20	1980
12.86	DAVID GORMLEY	1992
12.70	DOUGLAS MCCUE U20	1981
12.60	GORDON IRWINE U17	1982
12.56	ROBERT MOODIE U20	1979
12.48	DUNCAN MCINNES U20	1996
12.36	PAUL JARDINE	1986
12.32	BEN MCKENNA U20	1976
12.19	AMIT KUMAR	2018
12.15	CRAIG GILLIES U17	1982
12.02	ROBIN ARCHIBALD U17	1976
12.01	SCOTT MCDERMOTT U20	1993
11.83	JAMIE MADDEN U20	1996
11.78	CAMPBELL LAMONT	1988
11.61	KENNETH MILLER U17	1988

## POLE VAULT

3.80	KEVIN MCDOWALL	1993
3.70i	SCOTT MCDERMOTT	1995
3.30	ROSS GIBSON U17	1996
3.10	DAVID GORMLEY U17	1987
3.05	ROBERT MOODIE	1981
3.00	GRANT IRWINE U17	1979
3.00	DOUGLAS MCCUE U20	1982
3.00	GEORGE LONEY	1982
3.00	MARK PROVAN U20	1989
2.90	JOHN LITTLE	1993
2.70	CAMPBELL LAMONT U20	1986
2.60	JACK LITTLE	1986
2.60i	KENNETH MILLER U20	1991
2.50	FRASER MACDOUGALL U17	1993
2.40	MARK SHERWOOD U17	1994
2.13	PAUL LEMON	1975
2.10	GARY CROSS	1985
2.10	BRIAN CULLIE	1990
2.05	ALAN MITCHELL U20	1997
1.90	PAUL SNEDDON U17	1997

## DISCUS

41.78	JOHN LITTLE	1993
39.96	GEORGE LONEY	1981
35.77	KEITH GARROW M35	2012
34.66	SCOTT MCDERMOTT	1996
32.58	GRANT IRWINE U20	1981
31.26	CAMPBELL LAMONT	1988
30.76	ROBERT MOODIE	1981
30.08	DAVID HADDOW	1994
29.12	ANTHONY IRVING	1995
28.78	STUART ANDERSON	1996
27.73	GRAHAM PORTERFIELD M35	2015
27.52	KEVIN MCDOWALL	1990
26.32	DOUGLAS MCCUE U20	1982
26.14	BARRY MILNE	1973
26.12	DUNCAN LAIRD	1976
25.56	TOM SHARP	1985
25.10	EWAN MCGILLVARY	1997
24.53	BILL RAE	1979
24.34	S ARCHIBALD	1991
24.10	ALAN MITCHELL	2008

## HAMMER

53.46	ANTHONY IRVING	1995
42.78	JOHN LITTLE	1993
38.39	GRAHAM PORTERFIELD M35	2015
36.72	LEWIS MCINNES	1983
34.66	STUART ANDERSON	1996
30.32	GEORGE LONEY	1986
29.29	KEITH GARROW M40	2014
24.04	DUNCAN LAIRD	1976
22.96	PAT CONNOR	1986
22.26	BOB DALGLEISH	1985
22.25	IAN JACKSON	1974
22.18	TOM SHARP	1986
21.79	WILLIAM MUIR M50	2013
20.88	BRIAN CULLIE	1990
20.79	NORRIE GRIFFITHS	1987
20.54	DAVID HADDOW	1994
19.26	EWAN MCGILLVARY	1997
18.76	S ARCHIBALD	1991
18.62	I RICHARDSON	1975
17.86	KEVIN MCDOWALL	1990

## JAVELIN

47.70	DAVID TODD	1993
47.70	SCOTT MCDERMOTT	1995
44.90	FRASER MACDOUGALL U20	1995
43.32	GEORGE LONEY	1989
41.?	FRASER MACDOUGALL M35	2015
36.80	JIM PROVAN	1979
35.30	DAVID HADDOW	1994
34.91	KEVIN MCDOWALL	1990
34.48	ANDY MURRAY	1992
34.42	TOM SHARP	1985
33.89	GRAHAM PORTERFIELD	2014
33.46	ROBERT HOWAT	1995
33.07	ALAN PARTRIDGE	1975
32.65	IAN JACKSON	1975
32.30	JACK LITTLE	1980
32.16	FRASER WHITE	1978
32.12	D WINTER	1976
31.85	BRIAN SMITH	2001
30.52	BOB DALGLEISH	1986
29.84	ALAN SMITH	1992

## SHOT PUT

12.97	GEORGE LONEY M40	1998
11.97	JOHN LITTLE	1993
11.83	GRAHAM PORTERFIELD	2014
11.77	KEITH GARROW M40	2014
11.22	GRANT IRWINE U20	1981
10.22	DUNCAN LAIRD	1976
10.17	TOM SHARP	1985
9.83i	SCOTT MCDERMOTT	1995
9.79	IAN SMITHERS	1986
9.70	ANTHONY IRVING	1995
9.24	KENNETH MILLAR	1991
9.20	PAUL MCNAMEE	1989
9.13	CAMPBELL LAMONT	1987
9.01i	WILLIAM MUIR M55	2017
8.90	EWAN MCGILLVARY	1997
8.86	IAN JACKSON	1975
8.73	S ARCHIBALD	1992
8.72	ROBERT MOODIE	1979
8.68	DOUGLAS MCCUE U20	1982
8.66	DAVID HADDOW	1994