



EKAC U20 WOMEN TOP 20



60m					
7.92	LAURA MCCRACKEN	2012	57.10	BETH DUFF	2008
8.01	ARLENE BARR	2012	57.69	L BELL	1996
8.63	CHLOE MULLIGAN	2017	58.95i	NATALIE MIDDLETON	1999
9.67	MEGAN ANDERSON	2018	60.0	KARIN BUCHANAN	1999
			62.1	SHANNON McMAHON	2014
			63.9	DEBORAH STOKOE	2009
100m					
12.4	CLAIRE ROONEY	2000	64.0	SHONA CHALMERS	1987
12.6	NATALIE MIDDLETON	1999	64.78	RACHEL THOMSON	2012
13.30	SHANNON McMAHON	2014	65.2	NICOLE SHARP	2016
13.3	ALISON QUINN	1987	65.47i	CHLOE MULLIGAN	2017
13.6	KAINN BUCHANAN	1999	66.6	JENNIFER WILLIAMS	2001
13.8	LINDSEY MOUNTAIN	1996	66.6	M ALEXANDER	1988
13.8	VICTORIA REID	2007	70.1	RHODA MACDOUGALL	1996
14.12	ZOE HADDOW	2010	71.6	DEBBIE BELL	1996
14.4	MHAIRI BOYLE	2015	72.7	RACHEL FAIRLIE	2012
14.5	SHONA CHALMERS	1987	72.7	K MCMILLAN	1993
14.55	RACHEL THOMSON	2012	73.2	AILEEN McDONALD	1996
14.7	JULIE BOYCE	1990	73.7	EMMA FAIRLIE	2012
14.7	RHODA MACDOUGALL	1996	75.0	A NEIL	1997
14.8	JENNIFER WILLIAMS	2001	75.1		
15.16	MEGAN ANDERSON	2018			
15.6	K LESLIE	1995			
15.7	A NEIL	1996	2:10.0	800m	
15.7	CATRIONA CHAPMAN	2008	2:29.6	BETH DUFF	2008
15.8	EMMA FAIRLIE	2012	2:29.6	LIANNE CAMPBELL	1997
			2:29.8	NATALIE MIDDLETON	1999
			2:32.1	SHONA CHALMERS	1987
22.7	EMMA LIVINGSTONE	2021	2:33.6	DEBORAH STOKOE	2009
			2:34.1	SHANNON McMAHON	2014
200m					
25.0	CLAIRE ROONEY	2000	2:44.0	EMMA LIVINGSTONE	2021
25.10i	NATALIE MIDDLETON	1999	2:46.2	JULIE BOYCE	1990
25.6	L BELL	1996	2:50.35	JULIA DUNN	2018
26.4	KARIN BUCHANAN	1999	2:56.2	RACHEL FAIRLIE	2012
27.10	SHANNON McMAHON	2014	2:59.6	M ALEXANDER	1988
27.15	BETH DUFF	2008	3:07.2	EMMA FAIRLIE	2012
28.0	DEBORAH STOKOE	2009			
28.1	FIONA WATT	1986			
28.2	JENNIFER MAY	2001	4:28.56	1500m	
28.21	ALISON QUINN	1987	4:37.67i	BETH DUFF	2010
28.24i	CHLOE MULLIGAN	2017	5:03.9	HANNAH ANDERSON	2020
29.2	RACHEL THOMSON	2012	5:05..59	DEBORAH STOKOE	2009
29.4	JENNIFER WILLIAMS	2000	5:29.2	HEATHER ADDISON	2017
30.1	TAYLOR MACNAMARA	2021	5:32.0	KELLY SMITH	1999
30.4	SUSAN SMITH	1996	5:32.7	SHONA CHALMERS	1987
30.5	RHODA MACDOUGALL	1996	5:35.2	SUSAN SMITH	1996
30.6	K LESLIE	1995	6:26.3	EMMA LIVINGSTONE	2021
31.13i	MEGAN ANDERSON	2018	6:29.9	RACHEL FAIRLIE	2012
31.4	CATRIONA CHAPMAN	2009	6:47.0	MORAG SCOTT	1997
31.7	A NEIL	1997		M ALEXANDER	1988
300m					
42.00	BETH DUFF	2008	9:52.57i	3000m	
44.29i	CHLOE MULLIGAN	2017	10:32.95	HANNAH ANDERSON	2020
46.95	JENNIFER MAY	2002	12:31.6	HEATHER ADDISON	2017
47.03	JENNIFER WILLIAMS	2002	13:15.9	EMMA LIVINGSTONE	2021
			19:10.14	AILEEN McDONALD	1997
5000m					
				HEATHER ADDISON	2017



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60mH					
11.85	CHLOE MULLIGAN	2017	17.48	K LESLIE	1995
			16.28	SHONA CHALMERS	1987
			14.58	M ALEXANDER	1988
100mH					
17.8	LINDSEY MOUNTAIN	1996	14.42	SARAH MCCUSKER	2016
20.0	DEBBIE BELL	1996	13.95	JENNIFER WILLIAMS	2001
20.7	KATIE JACKSON	1994	13.84	K MCMILLAN	1993
21.2	K LESLIE	1995	13.60	JULIE BOYCE	1992
21.6	M ALEXANDER	1988	12.52	AILEEN MCDONALD	1996
22.1	A NEIL	1996			
400mH					
70.6	DEBBIE BELL	1996	18.36	ALISON QUINN	1987
74.0	LINDSEY MOUNTAIN	1996	15.95	JENNIFER WILLIAMS	2001
80.3	KATIE JACKSON	1995	14.82	SHONA CHALMERS	1987
81.6	MORAG SCOTT	1997	10.32	BETH DUFF	2008
82.17	A NEIL	1997	9.88	JULIE BOYCE	1992
			9.54	SUSAN SMITH	1996
			8.64	M ALEXANDER	1988
HIGH JUMP					
1.20	DEBBIE BELL	1996		SHOT PUT	
1.15	A NEIL	1997	6.95	A NEIL	1997
			6.13	MHAIRI BOYLE	2015
TRIPLE JUMP					
7.95	AILEEN MCDONALD	1996	6.10	RACHEL THOMSON	2013
			5.71	BETH DUFF	2008
			5.70	E MCPHEE	1988
LONG JUMP					
4.37	A ROSTEK	1991	5.59	JENNIFER WILLIAMS	2001
4.29	VICTORIA REID	2007	5.40	DEBORAH STOKOE	2009
4.12	K LESLIE	1995	5.33	KATIE JACKSON	1995
4.11	MHAIRI BOYLE	2015	4.58	JULIE BOYCE	1990
3.97	BETH DUFF	2008			
3.88	SHONA CHALMERS	1987			
3.77	ZOE HADDOW	2010			
3.63	RHODA MACDOUGALL	1996			
3.50	KATIE JACKSON	1995			
3.36	AILEEN MCDONALD	1996			
3.35	CATRIONA CHAPMAN	2009			
2.48	JULIE BOYCE	1991			