



# EKAC UNDER 17 MEN TOP 20



## 60m

7.24	ALASDAIR MACKENZIE	2002
7.25	ROSS MAXWELL	2011
7.27	GREG KELLY	2015
7.30	KENNETH MCNAMEE	1987
7.30i	LIAM WOODS	2019
7.33	ANDREW COUTTS	2012
7.38	FRASER HOPKINS	1987
7.45	ROSS MURRAY	1999
7.51	RYAN CLYDESDALE	2016
7.63	COLIN WALKER	1995
7.68	GREGOR THORPE	2008
7.68	ROSS MCGILL	2009
7.69	ANDREW BRENNAN	2007
7.69	SEB CARRICK	2017
7.74	FRASER MACKENZIE	2002
7.78	ROSS MORGAN	2009
7.83	NISHANT PURI	2008
7.84	SCOTT McDERMOTT	1992
8.11	JAMES LAMONT	2003
8.14	SCOTT HONE	2003

## 400m

49.6	DEREK ARCHIBALD	1980
51.0	AIDAN GILBRIDE	2014
51.48	RYAN CLYDESDALE	2017
51.6	FRASER WHITE	1975
51.70i	CALLUM FIELD	2015
52.4	ALAN MACBETH	1988
53.0	GERRY FEGAN	1988
53.3	JIM AITKEN	1978
53.22	KIERAN RANKIN	2012
53.6	KRISS DULLICK	1992
53.7	ROBIN ARCHIBALD	1976
53.7	IAN MCGREGOR	1991
53.8	STUART RUSSELL	1993
53.8	KENNETH SIMPSON	1997
53.9	JAMIE CLEMENTS	2006
53.94	NICHOLAS COUPLAND	2012
53.95	FRASER MACDOUGALL	1993
54.2	DUNCAN MCINNES	1994
54.3	EWAN MCCORMACK	1990

## 600m

### 100m

11.0	JOHN GILLIES	1978
11.0	STEPHEN HARRIGAN	1982
11.0	FRASER HOPKINS	1988
11.06	ALASDAIR MACKENZIE	2002
11.2	KENNETH MCNAMEE	1987
11.25w	GREG KELLY	2015
11.3	ROBIN ARCHIBALD	1976
11.3	DEREK ARCHIBALD	1980
11.3	FRASER MACKENZIE	2002
11.35	ROSS MAXWELL	2011
11.4	DAVID CATHIE	1987
11.4	ROSS MCGILL	2009
11.48	EWAN MCCORMACK	1990
11.58	LIAM WOODS	2018
11.6	ROSS MURRAY	1999
11.6	NISHANT PURI	2008
11.6	GREGOR THORPE	2008
11.6	RYAN CLYDESDALE	2016
11.62	ANDREW COUTTS	2011
11.65w	JOSH MAITLAND	2014

## 800m

1:27.4	AIDAN GILBRIDE	2013
1:27.5	JAMIE CLEMENTS	2005
1:28.56	DAVID GORMAN	2006
1:33.3	NIAILL WALKER	2005
1:39.21	FRASER MORGAN	2006
1:55.05	ALAN MACBETH	1988
1:55.9	DEREK ARCHIBALD	1979
1:56.29	AIDAN GILBRIDE	2014
1:59.2	GERRY FEGAN	1988
2:00.80i	JAMIE CLEMENTS	2006
2:01.4	ROBERT MCKIM	1974
2:01.6	BOBBY MADDEN	1995
2:01.8	ALAN TRENCH	1969
2:02.2	DAVID GORMAN	2006
2:02.4	ALAN SMITH	1988
2:04.4	JAMIE MADDEN	1993
2:04.4	NIAILL WALKER	2006
2:04.5	GORDON REID	1971
2:04.5	ROBIN ARCHIBALD	1976
2:04.92	FRASER MACDOUGALL	1993
2:05.1	HAMISH ANDERSON	2019
2:05.4	IAN ARCHIBALD	1977
2:05.82	WILLIE MCDONALD	1976
2:06.0	BEN STAFFORD	2010
2:06.1	DARREN LIGHTBODY	1992
2:06.1	DUNCAN MCINNES	1994
	KEVIN MCKENNA	1997

## 200m

22.55	GREG KELLY	2015
22.8	JOHN GILLIES	1978
22.9	STEPHEN HARRIGAN	1982
22.97	RYAN CLYDESDALE	2017
23.0	ROBIN ARCHIBALD	1976
23.0	EWAN MCCORMACK	1991
23.1	DAVID CATHIE	1987
23.10	FRASER MACKENZIE	2002
23.2	DEREK ARCHIBALD	1980
23.2	ALASDAIR MACKENZIE	2002
23.4	FRASER HOPKINS	1988
23.4	ROSS MAXWELL	2011
23.44	CALLUM FIELD	2014
23.62	LIAM WOODS	2018
23.66	ALISTER KERR	1998
23.76	NICHOLAS COUPLAND	2012
23.8	ANDREW COUTTS	2011
23.8	JOSH MAITLAND	2014
23.85w	AIDAN GILBRIDE	2014
23.9	NISHANT PURI	2008

## 300m

37.23	LIAM WOODS	2018
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## 1500m

3:54.6	ALAN MACBETH	1988	14.4
3:59.8	ROBERT MCKIM	1974	14.6
4:07.32	AIDAN GILBRIDE	2014	14.72
4:09.8	KEVIN MCKENNA	1997	15.2
4:10.3	IAN ARCHIBALD	1977	15.3
4:11.8	ALAN SMITH	1989	15.37
4:12.09	HAMISH ANDERSON	2019	15.5
4:13.0	GERRY FEGAN	1988	15.78
4:13.2	BOBBY MADDEN	1995	16.3
4:15.5	ALAN TRENCH	1969	16.3
4:15.64	DAVID GORMAN	2007	16.8
4:16.0	WILLIE MCDONALD	1976	16.9
4:17.1	MARK MORGAN	1986	16.9
4:17.5	ANDY NEWELL	1977	17.3
4:20.6	JOHN MACALLISTER	1979	17.3
4:22.2	COLIN HENDERSON	1998	17.5
4:23.2	STEPHEN MATTHEWS	2001	17.8
4:23.5	JAMIE CLEMENTS	2006	18.0
4:23.61	MARTIN LYNAS	2015	18.0
4:25.54	BEN STAFFORD	2010	18.2

## 100mH

GRANT IRWINE	1979
SCOTT HONE	2003
CRAIG GILLIES	1981
A MARSHALL	1976
ROSS GIBSON	1995
KENNETH MILLER	1988
S BRAWLEY	1976
KEVIN McDOWALL	1987
ROBERT MCKIM	1974
ROBERT HOWAT	1991
FRASER MACDOUGALL	1993
SCOTT McDERMOTT	1991
PAUL SNEDDON	1997
JAMIE MADDEN	1993
MARK SHERWOOD	1995
I BINGHAM	1979
DOUGLAS MCCUE	1980
DEREK MILLER	1992
DUNCAN MCINNES	1994
M MOWAT	1976

## 3000m

8:49.9	RICHARD MCKIRDY	1981	4:33.51
8:55.6	IAN TIERNEY	1986	4:43.05
9:06.0	ROBERT MCKIM	1974	4:44.8
9:06.0	WILLIE MCDONALD	1976	4:50.6
9:11.0	MARK SWEENEY	1973	5:00.0
9:13.7	KEVIN MCKENNA	1997	5:01.5
9:27.34	MARTIN LYNAS	2014	5:04.4
9:32.1	BOBBY MADDEN	1995	5:08.0
9:32.5	MARK MORGAN	1986	5:13.6
9:38.2	COLIN HENDERSON	1998	5:33.6
9:38.70	STEPHEN MATTHEWS	2001	
9:39.??	GRAEME CASKIE	2002	
9:40.61i	HAMISH ANDERSON	2019	6:11.8
9:44.0	ANDY NEWELL	1977	6:29.0
9:45.6	ALAN MITCHELL	1995	6:31.1
9:47.4	CAMERON CLEMENT	1993	6:30.0
9:51.2	JAMIE MADDEN	1993	6:34.9
9:53.4	CRAIG CLEMENTS	1987	6:35.0
9:55.4	IAN ARCHIBALD	1976	6:55.0
9:58.00	ADAM GATENS	2008	7:06.5

## 1500m S/C

KEVIN MCKENNA	1997
BOBBY MADDEN	1995
MARK MORGAN	1986
JAMIE MADDEN	1993
ALAN MITCHELL	1995
ALAN SMITH	1988
CAMERON CLEMENT	1993
RONNIE BIAS	1977
WILLIE MCDONALD	1974
MARK SHERWOOD	1994

## 2000mS/C

ROBERT MCKIM	1974
WILLIE MCDONALD	1976
MARK MORGAN	1986
JOHN MACALLISTER	1979
ANDY NEWELL	1978
ALAN SMITH	1988
IAN ARCHIBALD	1976
RONNIE BIAS	1976
D CONNOLLY	1977
JIM PROVAN	1975
KRISS DULLICK	1992
SCOTT McDERMOTT	1992
CRAIG CLEMENTS	1986
BRIAN O`NEILL	1987
PAUL CAMPBELL	1987
DAVID RAE	1979
R MARSHALL	1976
IAN GARDINER	1977

## 5000m

16:02.8	IAN TIERNEY	1986	7:17.9
			7:19.7

## 60mH

8.83 i	ROSS GIBSON	1996	7:35.2
9.45 i	SCOTT HONE	2003	7:36.7
10.42 i	PAUL SNEDDON	1997	7:38.0

## 400mH

57.7	KEVIN MCKENNA	1997	7:39.0
65.2	DOUGLAS MCCUE	1980	8:25.0
72.26	PAUL SNEDDON	1997	



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## HIGH JUMP

1.90i	DUNCAN MCINNES	1995	3.30
1.83	DOUGLAS MCCUE	1980	3.10
1.81	DAVID GORMLEY	1987	3.10
1.80	CRAIG GILLIES	1982	3.00
1.80i	ALISTER KERR	1998	2.70i
1.80	SCOTT HONE	2003	2.60
1.79i	ROSS GIBSON	1996	2.50
1.76	ROBERT MOODIE	1978	2.40
1.75	GRANT IRWINE	1979	2.30
1.75	CRAIG GILLIES	1981	1.90
1.75	CAMPBELL LAMONT	1985	1.90
1.75	MARK ELLIOTT	1996	
1.71	SCOTT MCDERMOTT	1992	
1.70	BEN MCKENNA	1976	41.34
1.70	SCOTT HONE	2003	32.88
1.65	SI MITCHELL	1985	31.84
1.60	IAN MCGREGOR	1991	31.66
1.60	FRASER MACDOUGALL	1993	29.56
1.60	BOBBY MADDEN	1995	28.56
1.53	CAMERON CLEMENT	1993	28.50

## LONG JUMP

6.60	DAVID GORMLEY	1988	27.06
6.50	ROSS MAXWELL	2011	26.64
6.45	FRASER HOPKINS	1988	25.56
6.39	BEN MCKENNA	1976	24.96
6.33	CRAIG GILLIES	1982	24.78
6.12	GRANT IRWINE	1979	24.12
6.05	IAN MCGREGOR	1991	23.47
6.05 i	ROSS GIBSON	1996	23.23
5.94	ROBERT MOODIE	1978	23.14
5.94	DOUGLAS MCCUE	1980	22.74
5.88	GREGOR THORPE	2008	22.44
5.80	DEREK ARCHIBALD	1980	
5.80	SCOTT MCDERMOTT	1992	
5.78	KENNETH MILLER	1988	35.48
5.72	COLIN WALKER	1994	33.20
5.72	SCOTT HONE	2004	32.17
5.69	ROBIN ARCHIBALD	1976	28.50
5.60	EWAN MCCORMACK	1992	25.42
5.56	DUNCAN MCINNES	1994	25.30
5.55	DEREK MILLER	1991	24.44

## TRIPLE JUMP

13.25	DAVID GORMLEY	1988	16.90
13.06	SCOTT HONE	2004	14.90
12.60	GORDON IRWINE	1982	13.82
12.59	GRANT IRWINE	1979	13.67
12.39	ROBERT MOODIE	1978	12.44
12.15	CRAIG GILLIES	1982	11.84
12.02	ROBIN ARCHIBALD	1976	6.66
11.93	DEREK ARCHIBALD	1979	
11.82	DOUGLAS MCCUE	1980	
11.63	SCOTT MCDERMOTT	1992	
11.61	KENNETH MILLER	1988	
11.54	JAMIE MADDEN	1993	
11.34	CAMPBELL LAMONT	1985	
11.10	ALAN MACBETH	1987	
11.03	MARK BROWN	1988	
11.01	JAMES RUSSELL	1995	
11.09	L CHRISTIE	1977	
10.93	AMIT KUMAR	2014	
10.87	DEREK MILLER	1992	
10.79	ROSS GIBSON	1995	

## POLE VAULT

1.96	ROSS GIBSON	1996
1.87	DAVID GORMLEY	1987
1.87	KEVIN McDOWALL	1987
1.79	GRANT IRWINE	1979
1.92	SCOTT MCDERMOTT	1992
1.88	KENNETH MILLER	1988
1.93	FRASER MACDOUGALL	1993
1.94	MARK SHERWOOD	1994
1.78	ROBERT MOODIE	1978
1.97	STEVEN COKE	1997
1.97	PAUL SNEDDON	1997

## DISCUS

1.91	GORDON IRWINE	1981
1.93	FRASER MACDOUGALL	1993
1.79	GRANT IRWINE	1979
1.92	SCOTT MCDERMOTT	1992
1.97	STEVEN COKE	1997
1.87	KEVIN McDOWALL	1987
1.88	MARK BROWN	1988
1.80	DOUGLAS MCCUE	1980
1.96	ROSS GIBSON	1996
1.86	KEVIN JENKINS	1986
1.90	JOHN MITCHELL	1990
1.76	A MARSHALL	1976
1.94	MARK SHERWOOD	1994
1.79	I AULD	1979
1.80	ALAN MORAN	1980
2.014	JOSH MAITLAND	2014
1.78	ROBERT MOODIE	1978
1.91	ROBERT HOWAT	1991
1.87	JOHN MCGREGOR	1987
1.77	IAN ARCHIBALD	1977

## HAMMER

2.009	STUART MUIR	2009
2.007	DECLAN GORMAN	2007
1.986	KEVIN JENKINS	1986
1.982	ANDREW MATHIESON	1982
1.992	SCOTT MCDERMOTT	1992
1.988	KENNETH MILLER	1988
1.996	ROSS GIBSON	1996
1.992	DEREK MILLER	1992
1.997	STEVEN COKE	1997
2.001	FRASER MCKENZIE	2001
2.005	NIALL WALKER	2005
1.994	JAMES RUSSELL	1994
1.989	R MCCREATH	1989
1.993	JAMIE MADDEN	1993
1.994	GRAEME KEDDIE	1994
1.993	CAMERON CLEMENT	1993



## EKAC UNDER 17 MEN TOP 20



### JAVELIN

46.50	FRASER MACDOUGALL	1993
42.46	SCOTT MCDERMOTT	1992
41.08	ROSS GIBSON	1996
40.02	CAMPBELL LAMONT	1985
36.82	JOSH MAITLAND	2014
34.76	DAVID STEEL	1987
34.30	MARK SHERWOOD	1995
33.70	STEVEN LITTLEWOOD	1989
32.66	MARK BROWN	1988
32.58	ROBERT HOWAT	1991
32.04	STEVEN COKE	1996
30.36	KEVIN McDOWALL	1987
30.20	FRASER WHITE	1975
29.92	ROBERT MOODIE	1977
29.30	COLIN WALKER	1994
27.77	KENNETH MILLER	1988
27.26	S BRAWLEY	1976
27.08	STEVEN WHYTE	1997
26.98	ALAN SMITH	1988
25.99	RYAN CLYDESDALE	2017

### SHOT PUT

GRANT IRWINE	1979
GORDON IRWINE	1981
A BULLOCH	1978
KEVIN JENKINS	1986
ROSS GIBSON	1996
ANDREW MATHIESON	1982
ROBERT MOODIE	1978
A MORAN	1980
DEREK MILLER	1992
KENNETH MILLER	1988
I AULD	1979
SCOTT MCDERMOTT	1992
STUART GRAY	1995
STEVEN COKE	1997
E RITCHIE	1976
ROSS MAXWELL	2011
STEVEN WHYTE	1997
PAUL BROOKS	2008
EWAN MCCORMACK	1990
ROBERT MCKIM	1974