



EKAC MASTERS AGE GROUP TOP 10



	60m				400m cont.	
	M35				M50	
7.45	DAVID GILMOUR	2006		57.63i	RAMSAY SLOSS	2003
8.06	ANDY CLYDESDALE	2017		61.25	DEREK LEITCH	2003
	M40				M55	
7.7	BILL MACDOUGALL	1989		62.73	RAMSAY SLOSS	2008
8.01	FRASER HOPKINS	2015		69.18	KEITH CHARTERS	2018
8.02	CHARLIE LELEUX	2003				
	M50				800m	
8.27	RAMSAY SLOSS	2004			M35	
				2:03.6	GRANT BAILLIE	2014
	100m			2:04.62	KEVIN DOWNIE	2009
	M35			2:32.2	GORDON SELFRIDGE	2013
11.38	DAVID GILMOUR	2005		2:34.27	CHRIS WHITE	2016
13.1	GRANT BAILLIE	2014			M40	
13.54	GORDON SELFRIDGE	2012		2:05.?	RAMSAY SLOSS	1993
14.53	KEITH GARROW	2010		2:07.7	DEREK LEITCH	2002
	M40			2:13.0	WILLIE TAYLOR	2008
12.0	BILL MACDOUGALL	1994		2:14.0	DAVID CONDRA	2005
12.18	ANDY CLYDESDALE	2018		2:15.6	BOBBY RONALD	1997
12.2	FRASER HOPKINS	2015		2:18.0	BILL MACDOUGALL	1990
12.37	CHARLES LELEUX	2003		2:18.8	EDDIE MORRISON	1997
12.7	ANDY HAETZMAN	1990		2:24.8	HARRY HENDERSON	1996
13.0	JOHN TOMS	1997		2:27.1	DONALD FERGUSON	1992
13.2	WILLIE TAYLOR	2007		2:27.1	BILL SMITH	1992
13.5	WILLIE MCCANN	1990			M50	
14.3	BILL SMITH	1990		2:17.8	DEREK LEITCH	2005
14.5	DEREK LEITCH	2004			M55	
	M45			2:11.80	DEREK LEITCH	2008
14.0	WILLIE TAYLOR M45	2012		2:38.89	KEITH CHARTERS	2018
	M50				M60	
13.18	RAMSAY SLOSS M50	2005		2:40.82	DEREK LEITCH	2015
	200m				1500m	
	M35				M35	
27.7	GORDON SELFRIDGE	2013		4:25.3	GRANT BAILLIE	2017
	M40				M40	
23.3	DAVID GILMOUR	2007		4:10.38	KEVIN DOWNIE	2010
24.1	BILL MACDOUGALL	1993		4:29.2	BOBBY RONALD	1997
25.16	ANDY CLYDESDALE	2018		4:32.0	RAYMOND DULLICK	1993
25.8	FRASER HOPKINS	2014		4:34.58	WILLIE TAYLOR	2007
26.4	CHARLES LELEUX	2005		4:36.31	DAVID CONDRA	2002
27.3	EDDIE MORRISON	1997		4:47.0	WILLIE MCCANN	1990
27.4	ANDY HAETZMAN	1990		4:52.0	BILL SMITH	1985
28.0	WILLIE MCCANN	1991		4:55.0	GORDON COLVIN	2001
28.8	DAVY CONDRA	2005		4:55.1	GRAEME HADDOW	2006
29.2	RAYMOND DULLICK	1992		5:00.0	GAVIN MCKIRDY	1990
29.2	JOHN TOMS	1996			M45	
	M50			4:20.54	DEREK LEITCH	2002
25.82	RAMSAY SLOSS	2004			M50	
29.0	DEREK LEITCH	2005		4:43.4	DEREK LEITCH	2005
	M55					
26.77	RAMSAY SLOSS	2008			2000m	
					M50	
	400m			6:31.53	DEREK LEITCH	2003
	M40					
56.3	BILL MACDOUGALL	1990			3000m	
62.1	WILLIE MCCANN	1992			M35	
66.0	DAVID CONDRA	2006		8:58.75i	GRANT BAILLIE	2019
68.7	DONALD FERGUSON	1991		10:58.35	CHRIS WHITE	2016
68.7	FRED BIAS	1992				
70.0	DAVID MCKIRDY	1991				
74.6	JOHN TOMS	1996				
	M45					
64.80	VINCENT GLENNON	2018				



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	HAMMER				
	M35				
38.39	GRAHAM PORTERFIELD	2015			
	M40				
29.29	KEITH GARROW	2014			
29.02	GEORGE LONEY	1995			
14.54	JOHN KEDDIE	1994			
	M55				
22.14	WILLIAM MUIR	2017			
	JAVELIN				
	M35				
42.30	FRASER MACDOUGALL	2014			
33.30	KEITH GARROW	2013			
	M40				
40.92	GEORGE LONEY	1994			
25.60	ALAN BAXTER	2019			
23.78	JOHN TOMS	1996			
23.48	FRED BIAS	1982			
21.35	NORRIE GRIFFITHS	1987			
20.84	GORDON SELFRIDGE	2015			
19.66	DAVID MCKIRDY	1991			
19.20	DONALD FERGUSON	1992			
17.62	PAT RUSSELL	1991			
16.58	PHIL MCDONALD	1994			
15.56	DREW TURNBULL	1991			
	M45				
33.54	GEORGE LONEY	1999			
	M50				
27.34	WILLIAM MUIR	2012			
	SHOT PUT				
	M35				
11.97	GEORGE LONEY	1992			
6.57	GRANT BAILLIE	2015			
	M40				
12.97	GEORGE LONEY	1998			
11.77	KEITH GARROW	2014			
8.93	FRASER MACDOUGALL	2015			
8.58	FRASER HOPKINS	2015			
8.33	ANDY CLYDESDALE	2014			
8.05	JOHN KEDDIE	1994			
7.55	JOHN TOMS	1997			
7.52	FRED BIAS	1979			
7.46	PAT RUSSELL	1990			
7.30	CHARLES LELEUX	2005			
	M45				
12.10	GEORGE LONEY	1999			
	M55				
9.01i	WILLIAM MUIR	2017			